

INKQUBO YOKUKHUSELWA KWABANTWANA ABASELULA

UHLELO LWASEMZANTSI AFRIKA LWESIXHOSA



Malunga ne A21: I-A21 ngumbutho wehlabathi ochasene nokurhweba ngabantu ozinikeleyo ekupheliseni ubukhoboka kuyo yonke indawo, ngonaphakade. Ngoxa kukho iimiliyoni ezikhotyokiswayo ehlabathini namhlanje, I-A21 isaqhubeka inikela ingqalelo kwinto ethi indoda enye, umfazi omnye, nomtwana omnye ovaleleke ebukhobokeni. Indlela yethu ephela yokuqhelisa ukukhoboka bale mihla kukufikelela, ukuhlangula, kunye nokuBuyisela ubomi ngokunciphisa ukungakhuseleki, ukunceda amakhoba, kunye nokuxhobisa abasindileyo. Ngobudlelwane kunye nemigudu yabaxhasi emhlabeni wonke, i-A21 ikholelwa ukuba ubukhoboka bunokuthintelwa, amakhoba anokuchongwa kwaye ancediswe, abenzi bobubu banokugwetywa, kwaye iimiliyoni zabasindileyo zinokungenelela kubomi bokuzimela geqe. Ukuze ufumane inkcazelo engakumbi, tyelela: u-A21.org

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Ukungazibopheleli: Bonke abalinganiswa kunye namabali akwesi sixhobo yintshomi. Amagama kwimeko nganye awamntwisi okanye amele nawuphi na umntu othile. Imimandla kwimeko nganye ayibonisi naluphi na uhlobo lokurhweba ngabantu kuphela kuloo mimandla.

Inqaku Lomxholo: Kubalulekile ukuqonda ukuba abantwana abanamava okuxhatshazwa kunye nomonzakalo banokuvukelwa zizivubeko zizikhumbuzo zomothuko wabo. Le nkqubo ixoxa ngezihloko ezibandakanya ukubamba okungamenywanga kunye nokungakhuselekanga, abantu abanamaqhinga, kunye neemfihlo ezingakhuselekanga, ezihlala zinento yokwenza neemeko zokuxhatshazwa. Abantwana banokukhunjuzwa ngoxhatshazo lwangaphambili okanye lwangoku kwaye banokukuxela oku kumququzeleli (okanye banokusabela ngokweemvakalelo okanye ngokwasemzimbeni). Nceda uqinisekise ukuba uyazazi iinkqubo zokukhusela kunye nokunika ingxelo esikolweni sakho, umbutho, kunye/okanye kwilizwe phambi kokuba uququzelele le nkqubo.

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Inkqubo yokuKhuselwa Kwabantwana Abaselula (ECP) yinkqubo egxile kumntwana, esekwe kwimisebenzi eyilelwe ukuxhobisa abantwana abasesichengeni nokubaxhobisa ngezixhobo zokhuseleko ukuze bakhuseleke njengoko behlola iimeko ezinokuba nobungozi kubomi babo okusebutsha. Enye yeenjongo eziyintloko zale nkqubo kukukhusela abantwana abaselula ekubeni babe ngamaxhoba okurhweba ngabantu. I-ECP ineendidi ezahlukeneyo zokuncokola, ezilungele iminyaka eyilelwe abantwana abaneminyaka emi-3 ukuya kwemi-6 ubudala.

Le nkqubo yakhelwe ukuba iququzelelwe ngootitshala bamabanga aphambi kokuqala isikolo, ootitshala bamabanga aphantsi, abacebisi besikhokelo, abazali kunye nabagcini babantwana, kunye neenkokeli zasekuhlaleni zemfundo yabantwana abaselula. I-ECP inokuququzelelwa kuyo nayiphi na indawo yokuhlala kunye nexesha elimiselweyo. Eyona ndlela ifanelekileyo yokuhanjiswa kweenkonzo kukubonisa amaCandelo amaxesha amaninzi unyaka wonke, kusetyenziswa ukuphindaphinda ukunceda abantwana bafunde, bagcine, kwaye basebenzise inkcazelo enikelwe kucwangciso.

INJONGO

Kuqikelelwa ukuba abantu abangama-50 eemiliyoni basebukhobokeni balemihla.¹ Omnye kwabane abangamaxhoba okurhweba ngabantu ngumntwana.² Sikholelwa ekuxhobiseni isizukulwana esilandelayo ngobuchule bokuzikhusela kolu lwaphulo-mthetho kunye namathuba okuxhatshazwa. Abantwana basesichengeni ngokwemvelo, kwaye uphando lucebisa ukuba Amava Abuhlungu Abantwana abajamelana nawo (ACEs) ahlala efunyaniswa enekhokoko lokurhweba ngokungekho mthethweni kwixa elizayo.³ Ngoko ke, abantwana kufuneka babe nokuqonda ngeengozi zeemeko ezingakhuselekanga ezinokubangela ukwenzakala kubo. Yiyo lonto uthintelo lungundoqo ekulweni oku kunyhashwa kwamalungelo oluntu, kunye ukulungisa le miba besebancinci kubalulekile. Sinethemba lokuqalisa ukufundisa abantwana, ootitshala, nabazali ukuba baxhokonxe baze baqalise utshintsho ngale nkqubo. Ukuphelisa ukurhweba ngabantu kunye nokuxhaphaza kuyenzeka kwixesha lethu. Ngale nkqubo nangoncedo lwakho, siya kuba linyathelo elinye kufutshane ekufezekiseni lo msebenzi.

USUKELO

Usukelo lwale njongo yalenkqubo kukuxhasa abantwana kunye nabaququzeleli:

1. Ukuchonga abantu abathenjwayo nabanamaqhinga
2. Qaphela izixhobo zokhuseleko lokuthintela
3. Ukuphuhlisa izicwangciso zezenzo zokhuseleko lomntu

UBUDE BEXESHA

Ucwangciso lunamacandelo amathathu aneenxalenye ezimbini. Ucwangciso lubhetyebhetye kwaye lungenziwa lufanelekele iimfuno zabaququzeleli kunye nabantwana. Ixesha elisikiweyo lecandelo ngalinye phakathi kwecandelo liphakathi kwemizuzu engama-30 ukuya kwiyure enye.

¹ Umbutho Wabasebenzi Wamazwe kunye neSiseko Samahala Sokuhamba. (2017). *Umsebenzi onyanzeliswayo, ubukhoboka bale mihla kunye nokurhweba ngabantu*, e-Geneva, ngoSeptemba 2017, p5, https://www.ilo.org/global/publications/books/WCMS_575479/lang--en/index.htm.

² Umbutho Wabasebenzi Wamazwe kunye neSiseko Samahala Sokuhamba. (2017). *Umsebenzi onyanzeliswayo, ubukhoboka bale mihla kunye nokurhweba ngabantu*, e-Geneva, Septemba 2017, p5, https://www.ilo.org/global/publications/books/WCMS_575479/lang--en/index.htm.

³ Iziko Lolawulo Lwesifo kunye noThintelo. (2022). *Amava Abuhlungu Abantwana abajamelana nawo (ACEs)*: <https://www.cdc.gov/violenceprevention/aces/>

Icandelo ngalinye lineenxalenye ezimbini. Abaququzeleli banokuhambisa imiyalelo yenxalenye nganye kwiindawo ezahlukeneyo zeklasu. Nangona kunjalo, kucetyiswa ukuba okuqulethwe lolu cwangciso kuxutyushwe ngako ngokuqhubekayo ukuze abantwana bayibambe le nkcazelo ibalulekileyo unyaka wonke wesikolo.

ABAPHULAPHULI

Abantwana abaneminyaka emi-3 - 6 ubudala; i-ECPP ingaqhutywa nomntu ngamnye (umz., abazali, abagadi babantwana) okanye nawaphi na amaqela alinani eliqingqiweyo (umz., abakumabanga angaphambi kwawokuqalisa isikolo, indawo yokufundela, inkqubo yasekuhlaleni).

IMIBUZO EYONGEZELELWEYO

Kuwo onke amacandelo, kukho imibuzo eyongezelelweyo. Ezi zenzelwe imibuzo yomgangatho ophezulu kwaye zicetyiswa kubantwana abaneminyaka emi-5 ukuya kwemi-6.

UCWANGCISO LOMNTU NGAMNYE

- **Lungiselela:** Ugxininisa izibonelelo eziyimfuneko kunye namagama angundoqo afunekayo ukuze umququzeleli afezekise icandelo
- **Yazisa:** Yenza ulindelo lomxholo weseshoni
- **Ncokola:** Ukubandakanya abantwana kwiimeko zokufunda ngamava kunye nokuvumela ixesha lokujonga umxholo weseshoni
- **Khuthaza:** Khuthaza abantwana ngokubabizela ukuba benze okuthile ngokuphendula ngomlomo okanye ngokubhaliweyo kunye neqabane okanye iprojekthi yeqela ukuze wenze umxholo weseshoni uphile
- **Ukusebenzisa:** Umsebenzi ubandakanyiwe ukunceda ukuqinisa umxholo weseshoni ngokuqhubekayo

AMAGAMA ANGUNDOQO

Amagama angundoqo aya kuchazwa, ngefonti engqindilili, kwaye ajikelezwe kulo lonke ucwangciso,

IIMPENDULO EZINGUMZEKELO

Candelo ngalinye liqulethe imibuzo eneempendulo okanye iimpendulo eziyimizekelo, Ezi mpendulo zinokwahluka zisenokuba koko abantwana abakucebisayo okanye abakuqondayo; zezokunceda zalathise umququzeleli njengoko kuyimfuneko,

IBALI ELIHAMBA NELI

“Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile” abalisa ibali lika Thandi, intombazana eneminyaka emihlanu ubudala ethanda ukuzama izinto ezintsha edibana nomntu onamaqhinga ngoxa idlala epakini. Eli bali lazisa uninzi lweembono ezigutyungelwe kwi-ECPP kwaye libhekiselwa kulo lonke ucwangciso.



UKUBA UYAYIRHANELA, YIXELE

LUXELE URHWEBO NGABANTU OKANYE UKUXHATSHAZWA:

Childline South Africa:

116

National Human Trafficking Hotline

0800-222-777

FAKA INGXELO YEXESHA LIKAXAKEKA:

10111

IZIXHOBO EZONGEZELELWEYO



UQEQESHO LOMQUQUZELELI



UHLULO-ZIMVO NGEMPENDULO



ICANDELO 1: ABANTU ABATHENJWAYO NABANAMAQHINGA

INXALENYE 1 – AMANYATHELO OKUHLALA UKHUSELEKILE

IZIXHOBO EZIDINGEKAYO	AMAGAMA ANGUNDOQO
• “Incwadi Yamabali Yamanyathelo Okuzigcina Ukhuselekile” • Irobhothi Yokhuseleko (Isihlomelo A) • Amakhadi Okhuseleko Anemibala (Isihlomelo B) • Amanyathelo okuZigcina ukhuselekile Imifanekiso yoHlobo lwabantu (Isihlomelo C) • Iphepha • Ipeyinti • likhrayoni	• Umntu Ongakhuselekanga: umntu onamaqhinga, owaziwayo okanye ongamaziyo osebenzisa ubuxoki okanye ofihlayo owenza abanye bazive bengakhuselekanga okanye besoyika kunye/okaye owonzakalisa imizimba yabo okanye iimvakalelo • Umntu Okhuselekileyo: uyathenjwa, umntu owaziwayo okanye ongamaziyo onokubalwa kubantu abanyanisekileyo, oyihloniphayo imida yabanye yobuqu, kwaye okhuselayo ukunceda ukugcina umntu ekonzakaleni • Ongakhululekanga: ukuva kakubi, ukoyika, ukungonwabi, okanye ehambisa umzimba okanye ngokwemvakalelo ngenxa yemeko oknaye umntu • Umntu Onamaqhinga: umntu ongakhuselekanga okanye ongamenywanga ongenanyangi okanye oxokayo • Umntu omdala Othenjwayo: umntu okhuselekileyo okubudala obungaphezu kweminyaka eli-18 , onyanisekileyo okanye othembekileyo, ekunokuthenjelwa ngaye • Umntu Othenjwayo: umntu okhuselekileyo (wayo neyiphi na iminyaka) onyanisekileyo okanye othembekileyo, ekunokuthenjelwa kuye

INXALENYE 2 – UMJIKELO OKHUSELEKILEYO

IZIXHOBO EZIDINGEKAYO	AMAGAMA ANGUNDOQO
• “Incwadi yamabali Yamanyathelo Okuzigcina Ukhuselekile” • UHula hoop • Itempuleyithi yeSandla yeSangqa esiKhuselekileyo (Isihlomelo D) • Iphepha • Ipeyinti • likhrayoni • IMasking teyipu	• Isangqa esiKhuselekileyo: isixhobo sokhuseleko (usebenzisa isandla somntwana) ukuchonga abantu abadala abahlanu abathembakeleyo abanokubalwa ekuncedeni ukukhusela ekonzakaleni • Imida yokuThenjwa: ilinganisela oko umntu akhululeke kuko noko angakhululekanga kokunidibanisayo

INXALENYE 1 – AMANYATHELO OKUHLALA UKHUSELEKILE

YITHI: Phakamisa isandla sakho ukuba uthanda ukudlala imidlalo. *(Nika amabantwana ixesha lokwabelana ngokufutshane ngeendidi zemidlalo abathanda ukuyidlala).* Namhlanje sizakudlala umdlalo obizwa ngokuba yi “Kukufanisa Imibala yeRobhothi.” Ngamanye amaxesha abantu **bangathenjwa kwaye bakhuseleke**, kwaye ngamanye amaxesha abantu **anganamaqhinga kwaye bangakhuseleki**. Abantu abathenjwayo aba ngabantu abakhuselekileyo abahlonipha imida yabanye, kwaye bayakunceda ukukhusela omnye umntu ekonzakaleni. Abantu abanamaqhinga kunye nabangakhuselekanga ingangumntu omaziyo okanye ongamaziyo ongazama ukukuqhatha ngokusebenzisa ubuxoki, othetha iimfihlo ezingakhuselekanga, okanye enze omnye umntu azive **engakhululekanga**, esoyika, okanye onzakalise iimvakalelo zabo okanye imizimba yabo. Umntu onamaqhinga kunye nomntu ongakhuselekanga angakwenza uzive ngathi udinga ukugcina iimvakalelo zakho ngaphakathi (kuwe) kwaye ungazixeleli nabani na. Nangona kunjalo, umntu omdala othenjwayo kunye nokhuselekileyo uyakukwenza uzive ukhululekile, ukuze abenalane nawe kwaye akhuphe iimvakalelo zakho, ukuze uncede.

Sizakusebenzisa imibala emithathu ukufunda ngeendlela ezahlukeneyo esingabona ngazo xa abantu benamaqhinga, ukwazi xa abantu benokuthenjwa, okanye ukwazi xa ungaqinisekanga ngendlela yakhe yokwenza izinto. Le mibala yile: Bomvu, Tyheli, kunye noLuhlaza. Singayifumana le mibala kwiRobhothi.

YENZA: Bonisa iRobhothi zoKhuseleko (Isihlomelo A). Hlola umbala ngamnye uze ucacise oko ukuthethayo (umz., Bomvu = yima; Tyheli = hlisa isanyha, lumka; Luhlaza = hamba).

BUZA: Buza le mibuzo ilandelayo baze abantwana baphendule.

UMSEBENZI WOKUFANISA IMIBALA YEROBHOTHI
Umbuzo 1: Ngowuphi umbala ocinga ngawo xa uva igama elingu “yima”? Impendulo: Bomvu
Umbuzo 2: Ngowuphi umbala ocinga ngawo xa uva igama elingu “hamba”? Impendulo: Luhlaza
Umbuzo Owongezelelweyo: Ngowuphi umbala ocinga ngawo xa uva amagama angu “lumka okanye yehlisa isantyha”? Impendulo: Tyheli

YITHI: Njengokuba iirobhothi zinemibala eyahlukeneyo ukuze zincele thina ukuba sime, sehlixe isantyha, kwaye sihambe, singayisebenzisa le mibala ukukhumbula indlela esingazi ngayo xa umntu **eqhatha kwaye engakhuselekanga**, xa enokuthenjwa, okanye xa singaqinisekanga ukuba singamthemba kwaye sidinga **ukubuza umntu omdala othenjwayo**.

YENZA: Beka umntwana kumgca oqondileyo. Funda uninzi Lweemeko Zomntu Othenjwayo kunye nonaMaqhinga (ngezantsi). Cela abantwana bamamele kwaye bajonge ukuba imeko ikhuselekile okanye ayikhuselekanga. Bacele kuba beze ngaphambili (“hamba”) ukuba bacinga ukuba yimeko ekhuselekileyo. Bacele beme bangashukumi (“yima”) ukuba bacinga akukhuselekanga.

Lukhetho: Phakamisa iRobhothi yoKhuseleko (Isihlomelo A) amakhadi ebudeni balo msebenzi.

ABANTU ABATHENJWAYO NABAKHUSELEKILEYO (HAMBA)	ABANTU ABANAMAQHINGA NABANGAKHUSELEKANGA (YIMA)
• bakunceda uzigcine ukhuselekile kwaye bakukhusele ekonzakaleni • bayamxabisa umntu onguye • bakwenza uzive ukhululekile • bayakumamela • bayayihlonipha imida yomzimba wakho • bakuxelela inyani kwaye banyanisekile kuwe	• bayakuqhatha kwaye bayakuxokisa • kubonakala ingathi bazama ukukubhanxa • bakwenza uzive ungakhululekanga • bakwenza ube nesisu esixuxuzelayo • bonzakalisa iimvakalelo zakho okanye bakwenzakalise • basondela kuwe enoba wena khangе ubameme ukuba babe kunye nawe

BUZA: Funda le mibuzo ilandelayo kwaye uvumele abantwana ukuba baphendule.

ABANTU ABATHENJWAYO NABANAMAQHINGA KUNYE NEMIBUZO YEEMEKO
Umbuzo 1: Ngowuphi umbala ongena kakuhle kwindlela onokuvakalelwa ngayo xa umntu ongamaziyo ekwenza uzive ungakhululekanga, ungakhuselekanga, usoyika, okanye ungonwabanga? Impendulo: Bomvu Umbuzo Owongezelelweyo: Kutheni umbala obomvu unxulunyaniswa neemvakalelo ezingalunganga, ezibuhlungu, okanye ezoyikekayo? Iimpendulo ezingumzekelo: Ndikhetha obomvu kuba uthetha ingozi. Ndingathanda ukuba ayeke kuba andiziva ndikhuselekile. Umbuzo 2: Ngowuphi umbala udibana kakuhle nendlela ovakalelwa ngayo xa ukunye nomntu omaziyo ukuba ukhuselekile xa ukunye naye nonokumthemba ukuba akukhusele aze akuthande? Impendulo: Luhlaza Umbuzo Owongezelweyo: Kutheni umbala oluhlaza udibana nokuziva ukhuselekile kwaye ukhuselwe? Iimpendulo ezingumzekelo: Nikhetha umbala oluhlaza kuba ndiziva ndikhuselekile. Ndiyaza ukuba bazakundikhusela. Bandikhathalele kwaye asoze bandonzakalise.

YITHI: In the “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile,” sizakufunda namhlanje ukuba kuzakubakho **abantu abathenjwayo abakhuselekileyo** kwaye kuzakubakho **abantu abanamaqhinga abangakhuselekanga**. Mamela njengokuba ndifunda ibali elinabantu abathenjwayo kunye nabanamaqhinga ebalini.

YENZA: Funda “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile.” Njengoko ufunda, qiniseka ukuba ubonisa abantwana imifanekiso esencwadini ukuze balandele ibali baze bachonge umlinganiswa kulo lonke ibali.

BUZA: Ingaba ibali libenabo bobabini **othenjwayo kunye nonamaqhinga** kunye **nabantu abangakhuselekanga**?

Iimpendulo ezingumzekelo: Ewe, bekukho abantu abahlukeneyo kwibali lethu namhlanje. Abanye babo **bebenokuthenjwa** kwaye **bekhuselekile** kwaye abanye babo **bebenamaqhinga** kwaye **bengakhuselekanga**.

YITHI: Khumbula indlela ngamnye kule mibala yerobhothi mithathu okubalulekileyo ekuthethayo. Obomvu ubuthetha ukuba yima; Otyeli ubuthetha ukuba yehlisa isantyha okanye lumka; kwaye Oluhlaza uthetha ukuba hamba. Sizakudlala umdlalo obizwa ngokuba “Ukudibanisa Imibala Yokhuseleko” apho ubona umlinganiswa kwibali lethu uze ube nethuba lokukhetha ukuba bangowuphi umbala.

YENZA: Hambisa iseti Yamakhadi Ayimibala Okhuseleko (Isihlomelo B) kumntwana ngamnye.

BUZA: Funda imibuzo elandelayo njengoko ubonisa Imifanekiso Yomlinganiswa Yamanyathelo Okuhlala Ukhuselekile (Isihlomelo C) mntwana ngamnye. Yenza abantwana bacinge ngokuba ngowuphi umbala omela kakuhle umfanekiso ngamnye kwaye ubacele ukuba baphakamise elo khadi lalombala xa bephendula.

IMIBUZO YOKUDIBANISA IMIBALA YOKHUSELEKO

Umbuzo 1: Ngowuphi umbala ocinga ukuba uAbe umele abe nguwo? (Bonisa: Umfanekiso Womlinganiswa onguAbe)

Impendulo: Bomvu

Umbuzo Owongezelelweyo: Kutheni ubomvu ingumbala ufanekisela uAbe?

Iimpendulo ezingumzekelo: UAbe **ebengumntu onamaqhinga**. Uzame ukuthatha u-Thandi ukuze amse kude nendawo ekhuselekileyo kwaye amse kude kwintsapho yakhe. **Abantu abanamaqhinga banganobubele kwaye basenokufuna ukukuthengela izinto, kodwa oko akuthethi ukuba bakhuselekile.** Bangaxoka okanye benze into entle kuba bezama ukukugqatha.

Umbuzo 2: Ngowuphi umbala ocinga ukuba uThandi umele abe nguwo? (Bonisa: Umfanekiso Womlinganiswa onguThandi)

Impendulo: Luhlaza

Umbuzo Owongezelelweyo: Kutheni umbala oluhlaza umela uThandi?

Iimpendulo ezingumzekelo: u-Thandi wazile ukuba angahambi noAbe nangona ebebonakala eqhelekile kwaye enobubele. Wazile ukuba **unamaqhinga kwaye ungumntu onakhuselekanga.**

Umbuzo 3: Ngowuphi umbala ocinga ukuba umntu ongamaziyo okhuselekileyo osepakini umele abe nguwo? (Bonisa: Umfanekiso Womlinganiswa Okhuselekileyo ongamaziyo)

Impendulo: Luhlaza

Umbuzo Owongezelelweyo: Kutheni umbala oluhlaza umela umntu ongamaziyo okhuselekileyo?

Iimpendulo ezingumzekelo: Ngamanye amaxesha xa usoyika okanye usengxakini, kwaye ubani kwisangqa sakho sabathenjiweyo engekho, umntu ongamaziyo othenjiweyo unokukwazi ukunceda. Umntu ongamaziyo okhuselekileyo ngumntu ohlonipha imida yakho, kwaye ofuna ukunceda abanye bangenzakali.

Umbuzo 4: Ucinga ukuba utamkhulu kaThandi abe ngowuphi umbala? (Bonisa: Umfanekiso Womlinganiswa onguTamkhulu kaThandi)

Impendulo: Luhlaza

Umbuzo Owongezelelweyo: Kutheni umbala oluhlaza umela uTamkhulu kaThandi?

Iimpendulo ezingumzekelo: Utamkhulu kaThandi **ngumntu okhuselekileyo** omthandayo. Kwibali ebekhangela uThandi. Ufuna ukugcina uThandi ekhuselekile kubantu abangaziwayo **nabanamaqhinga.**

YITHI: Namhlanje sidibanise imibala ebomvu, neluhlaza neemeko kunye neentlobo **zabantu abathenjwayo nabakhuselekileyo** kunye **nabantu abanamaqhinga nabangakhuselekanga**. Xa sifunda “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile,” siye sadibana nomhlobo omtsha obizwa ngokuba nguThandi kwibali.

YENZA: Yenza abantwana babelane ngoko bakufunde kwibali lanamhlanje, “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile” nendlela elinxulumana ngayo **nomntu othenjwayo nokhuselekileyo** kunye **nomntu onamaqhinga nongakhuselekanga**.

BUZA: Funda le mibuzo ilandelayo baze abantwana baphendule koko bakufundileyo kuyo “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile.”

“INCWADI YAMABALI YAMANYATHELO OKUHLALA UKHUSELEKILE” IMIBUZO

Umbuzo 1: Ingaba uThandi ebekhuselekile ngokuhlala epakini yedwa?

limpendulo ezingumzekelo: Hayi. uThandi mncinci kakhulu ukuba angayedwa epakini.

Umbuzo 2: Ungathini xa umntu ongamaziyo okanye **umntu onamaqhinga** ekucela ukuba uhambe naye?

limpendulo ezingumzekelo: Yithi hayi. Balekela **kumntu omdala othenjiweyo**. Xelela **umntu ongamaziyo okhuselekileyo**. Ezi zizinto uThandi azenzileyo kwibali lethu.

Umbuzo Owongezelelweyo: Imibala yerobhoti inxulumene njani nomntu othenjiweyo nokhuselekileyo kunye **nomntu onamaqhinga nongakhuselekanga**?

limpendulo ezingumzekelo: Ubomvu umela uyima, ingozi, kunye **nabantu abanamaqhinga nabangakhuselekanga** abanokuqheleka (umntu omaziyo) okanye umntu ongamaziyo (umntu ongamaziyo). Utyeli umela isilumkiso, lumka, okanye yehlisa isantyha kwaye kusenokuthenjwa **kwaye umntu akhuselwe** okanye **umntu onamaqhinga kwaye ongakhuselekanga**. Oluhlaza umela ukuba hamba kwaye ungathenjwa kunye **nomntu okhuselekileyo**.

UKUSEBENZISA LA MACEBO: Cacisela abantwana ukuba zinjani indawo ezikhuselekileyo nezingakhuselekanga. Amaxesha amaninzi indawo ingangakhuseleki xa abantwana bengenaye **umntu omdala othenjiweyo** okhoyo. Bakhumbuze ukuba basoloko bekhangelapho bakhoyo **umntu omdala othenjwayo nokhuselekileyo**. Ukuba abamboni namphi na umntu okhuselekileyo, ngoko bamele bayishiye lo ndawo kwaye baye kwindawo apho kukho **abantu abadala abanokuthenjwa** abanokumnceda abagcine bekhuselekile.

Hambisa amaphepha okuzoba kunye nomsebenzi. Cela abantwana bazobe kwindawo ethile ekhuselekileyo kubo kwaye baquke **umntu omdala othenjiweyo nokhuselekileyo**.

INXALENYE 2 – ISANGQA ESIKHUSELEKILEYO

YITHI: Namhlanje sizakufunda ngoko **isangqa esikhuselekileyo** sikuthethayo nokuba ngubani onokuba **kwisangqa sakho esikhuselekileyo**. Abo bakwisangqa sakho bamele babe **ngabantu abadala abanokuthenjwa, umntu okhuselekileyo**. Xa umthemba umntu, umele uzive ukhuselekile kwaye ukhululekile xa ukunye naye. **Kubalulekile ukwazi indlela ovakalelwa ngayo kunye nendlela ezinokukuxhasa ngayo ekwakheni imida yokuthenjwa ukukunceda ukuzikhuseleni ekonzakaleni**. Imida yokuthenjwa ikunceda wazi oko ukhululeke kuko kunye noko ungakhululekanga kuko nakuphi na okunidibanisayo nelungu lentsapho okanye umhlobo. Banokukunceda ukuba wazi ukuba ngubani onokumthemba kwaye ngubani onokukunceda uhlale ukhuselekile. Ukuba nemida kunye nokunxibelelana nomntu othile onokumthemba sisitshixo sobuhlobo obusempilweni.

YENZA: Phakamisa uhula hoop ukuze ubonise abantwana, uze umbeke phantsi uze ungene kuye, okanye usebenzise iteyiphu ukwenza isangqa ukuba akunaye uhula hoop. Bacacisele ukuba la ndawo ingaphakathi kuhula hoop ngamanye amaxesha ijongwa njengendawo yomntu ekhuselekileyo. ihoop ifana nendawo engabonakaliso esisithintelo kwaye evalayo, esebenza **njengomda wokuthenjwa** okhusela indawo kabani. Phuma kuhula hoop uze ubize omnye wabantwana ukuba ngokuzithandela angene phakathi kuhula hoop. Buza umntwana ukuba kulungile na ukuba ungene naye, umela **umntu okhuselekileyo** ongena **kwisangqa sakhe sokhuseleko**.

**Qaphela: Kulungile ukuba bathi hayi, njengoko oko kunika umzekelo wokuhlonitshwa kwemida yokuthenjwa kwaye iqinisa ukuba kuphela ngabantu abadala abanokuthenjwa abamkelekileyo kwisangqa sokhuseleko.*

BUZA: Funda imibuzo elandelayo kwaye uvumele abantwana baphendule.

IMIBUZO YABANTU ABATHENJWAYO KUNYE NABAKHUSELEKILEYO

Umbuzo 1: Ngubani owaziyo ukuba unjani **umntu okhuselekileyo**?

Iimpendulo ezingumzekelo: **Umntu okhuselekileyo** ngumntu onokuthenjwa, ohlonipha abanye nemida yabo, kwaye uyakunceda ekukhuseleni omnye umntu ekonzakaleni. Basenokuba ngabantu abaqhelekileyo njemnakwenu okanye udade wenu, umhlobo, umntu wasekuhlaleni, okanye omnye **umntu omdala othenjwayo**, okanye umntu ongamazayo onokubalwa njengonyanisekileyo, oyihloniphayo imida yabanye yasemzimbeni, kwaye okhuselayo ukugcina abanye bangonzakali.

Umbuzo Owongezelelweyo: Zeziphi ezinye izinto ezibalulekileyo **zomntu okhuselekileyo** onokuthenjwa?

Iimpendulo ezingumzekelo: **Umntu okhuselekileyo** uthembekile. Ubakhathalele abanye, ulungile, ubonisa **intlonipho**, kwaye ugcina wonke umntu ekhuselekile.

Umbuzo 2: Ngubani owaziyo ukuba **umntu omdala othenjwayo** unjani?

Iimpendulo ezingumzekelo: **Umntu omdala othenjwayo ngumntu okhuselekileyo** omdala, kwaye ngumntu onokuya kuye uze ucele uncdo. Ingaba ngutitshala wakho, abazali, umzali womnye umntu, okanye ipolisa.

YITHI: Siyayazi ukuba **imida yokuthenjwa** ikunceda ukuba ukhululeke ngomntu **okwisangqa sakho sokhuseleko**. Isangqa sokhuseleko sisixhobo sokhuseleko esinokukunceda ukuze ukhuseleke kumaqhinga nakubantu abangakhuselekanga abangekho kwisangqa sethu sokhuseleko. Uyazikhethela ukuba ngubani ofuna ukumfaka **kwisangqa** sakho **sokhuseleko**. Ngoko kufanelekile ngamaxesha athile, ukuba kufuneka utshintshe ingqondo uze umeme abantu abahlukeneyo **kwisangqa** sakho **esikhuselekileyo**. Ngokomzekelo, ukuba umuvela kwidolophu entsha, abasondele kwilungu lentsapho elahlukileyo okanye ukutshintsha izikolo ezinotitshala omtsha, **umntu omdala othenjwayo okwisangqa** sakho **esikhuselekileyo** naye unokutshintsha. Khumbula, kubalulekile ukuvumela kuphela **abantu abakhuselekileyo abangabantu abadala abathenjwayo kwisangqa** sakho **esikhuselekileyo**.

YENZA: Phakamisa uhula hoop kwakhona uze ungene kuye. Cacisela abantwana ukuba lohula hoop abameli kuphela **imida yokuthenjwa**, kodwa unokufana **nesangqa** sakho **sokhuselo**. Xelela abantwana ukuba baphakame, phakamisa iingalo zabo baze bajikeleze ngokupheleleyo umjikele we-360 (bajikeleze kancinci) ukwakha isangqa sabo **esikhuselekileyo esingabonwayo**.

BUZA: Buza imibuzo elandelayo uze ucele abantwana baphendule.

IMIBUZO YESANGQA EKHUSELEKILEYO

Umbuzo 1: Ziziphi ezinye izinto ezinokukwenza uzive ukhuselekile?

Impendulo engumzekelo: Izinto ezindenza ndizive ndikhuselekile kukuba kunye nentsapho, ukufunda esikolweni, kunye nokudlala nabahlobo.

Umbuzo 2: Zeziphi ezinye zezinto ezikwenza uzive ungakhuselekanga?

Impendulo engumzekelo: Izinto ezindenza ndizive ndingakhuselekanga inokuba yinja ekhonkothayo, ukuba ndedwa kwindawo emnyama okanye enengqolo ephezulu.

Umbuzo Owongezelelweyo: Umntu uvakalelwa njani xa eziva engakhuselekanga?

Impendulo ezingumzekelo: Umntu angaziva **engakhululekanga**. Isisu singaba buhlungu, izandla zakhe zingabala, kwaye intliziyo yakhe ingabetha ngamandla kakhulu.

Umbuzo 3: Kubanjani xa umntu ongamenywanga esondela kuwe kakhulu **kwisangqa** sakho **sokhuseleko**?

Impendulo engumzekelo: Ungaziva **engakhululekanga** kwaye ungakhuselekanga, njengomnye umntu osondela kakhulu kwaye nemida yomzimba ingavakala ivukelwe okanye iphazamisekile.

Umbuzo 4: Yintoni onokuyitsho okanye onokuyenza xa ufuna ukucela umntu asuke **kwisangqa** sakho **sokhuseleko** ukuba **uziva ungakhululekanga**?

Impendulo ezingumzekelo: Ungaphuma okanye ngobuchule umcele ukuba asuke. Ukuba akamameli kwaye umcelile ukuba asuke, ungamtyhalela kude uze uxelele **umntu omdala othenjwayo**.

YITHI: Abantu abathembekileyo **ngabantu abakhuselekileyo** abanokubalwa kubantu abanokukunceda bakukhusele, abanokuba nenyani kwaye bangaxoki, abakugcina ukhuselekile ekonzakaleni, kwaye abanokuba **kwisangqa** sakho **sokhuseleko**. Nangona kunjalo, kukho **abantu abanamaqhinga nabangakhuselekanga** abaxokayo nabazama ukukulawula. Bazama nokungena **kwisangqa** sakho **sokhuseleko** ukuze bakuqhathe okanye bakwenzakalise. Kodwa xa uziva **engakhululekanga**, khumbula, uyazikhethela ukuba ngubani omvumela ukuba angene **kwisangqa**, sakho **sokhuseleko**, kwaye aba bantu **abakwisangqa** sakho **sokhuseleko** bamele basoloko **bengabantu abadala abathenjwayo**.

YENZA: Phakamisani izandla zenu nikhombane ngeminwe. Cela abantwana babale inani leminwe ekwisandla sabo. Khomba esandleni sakho uze uzobe e “moyeni” yenza isangqa apho bakhoyo ukubabonisa **isangqa sokhuseleko**, njengaxa bebekukho uhula hoop obangqongileyo. Cela abantwana bazobe e “moyeni” benze isangqa kwisandla sabo ukubonisa **isangqa sabo sokhuseleko**. Bacacisele ukuba bazakucinga ngabantu abahlanu abanokubathemba ukuba bangayinxalenye **yesangqa sabo sokhuseleko**.

**Qaphela: Ukuba kukho nabaphi na abantwana kwiklasi yakho abanokuba nobunzima bokusebenzisa izandla zabo kulo msebenzi, ukuqinisekisa ubandakanyo, abantwana basenokusebenzisa inzwane ezintlanu kunyawo olunye. Basenokusebenzisa amehlo amabini, iindlebe ezimbini kunye nempumlo ukuze bakhumbule.*

BUZA: Funda lemibuzo ilandelayo baze abantwana baphendule. Khumbuza abantwana ukuba ngalo lonke ixesha beziva **bengakhululekanga** kusenokungabi kukuba bengakhuselekanga (basenokuba bahluthi kakhulu okanye batsha kakhulu). Nangona kunjalo, abantu ubukhulu becala banemvakalelo **yokungakhululeki** xa bengakhuselekanga.

IMIBUZO YABANTU ABANAMAQHINGA NABANGAKHUSELEKANGA

Umbuzo 1: Ngobani abantu kubomi bakho onokubathemba, ngubani okwenza uzive ukhuselekile kwaye ukhuselwe ekonzakaleni?

limpendulo ezingumzekelo: Ngumama, utata, umakazi, umalume, umnyamekeli, umakhulu okanye utamkhulu, utitshala, ipolisa (**umntu ongamaziyo okhuselekileyo**), kunye nomhlobo **bangabantu abakhuselekileyo** kubomi bam.

Umbuzo 2: Uziva njani xa **ungakhululekanga**?

limpendulo ezingumzekelo: Ngaphandle ungaziva unesifuthufuthu, ingaziva unezandla ezibilileyo, amadolo akho angagevezela. Ngaphakathi ungaziva uhluthi kakhulu, isisu sibuhlungu, umqala wakho ungavakala womile, usengaziva ufrizile, ingathi akunakukwazi ukushukuma.

Umbuzo Owongezelelweyo: Ingaba ukuziva **ungakhululekanga** kuyafana nokuziva ungakhuselekanga? Kutheni uziva njalo okanye ungaziva njalo?

limpendulo ezingumzekelo: Ewe, Ndingaziva ngathi ndizakuhlana okanye ndoyike xa ndingakhuselekanga kwaye **ndingakhululekanga**. Ndikwanokuziva ndi “frizile” ingathi ndifuna ukwenza into ethile kodwa andikwazi. Ndingcinga ukuba ndivakalelwa ngolohlobo xa ndiziva **ndingakhululekanga** kwaye naxa ndiziva ndingakhuselekanga. Ndineemvakalelo ezifanayo ngako kokubini.

Qaphela: Kubalulekile ukuba xa ucacisa indlela **umntu othenjiweyo okanye onamaqhinga abonakala ngayo kusetyenziswa imizekelo emininzi. Oku kungenxa yokuba abanye abantwana basenokuba nomzali okanye umntakwabo **onamaqhinga**, ngoko bayakudinga imizekelo eyongezelelekileyo **yabantu abadala abanokuthenjwa**. Siyazi ukuba kukho nootitshala abangakhuselekanga kunye namapolisa, ngoko akukho mzekelo unemeko ezifanayo eminye isengahluka.*

YITHI: Isangqa sethu **esikhuselekileyo** singafana nesixhobo sokhuseleko esinokunceda ekukugcineni ukhuselekile **kubantu abanamaqhinga kunye nabangakhuselekanga** abangekho **kwisangqa** sethu esikhuselekileyo. Masiphakamise isandla sethu kwakhona kwaye sijonge umnwe ngamnye. Mnwe ngamnye uya kumela umntu omdala uthenjwayo onokumongeza **kwisangqa** sakho **sokukhuseleka**.

- Kumnwe Wakho: Ipolisa elithenjwayo/inkokheli yasekuhlaleni
- Umnwe wakho Wokukhomba: Utitshala othenjwayo/umntu osesikolweni
- *Umnwe Wakho Ophakathi: Umntu othenjwayo olilungu lentsapho okanye umgcini _____. (ukhetho lwabantwana)*
- Umnwe Wakho Weringi: Othenjwayo _____. (ukhetho lwabantwana)
- *Ucikicane: Othenjwayo _____. (ukhetho lwabantwana)*

Qaphela: Ubhontsi kunye nomnwe wokukhomba ayinyanzelekanga ukuba ithiywe igama, ingaba **ngumntu okhuselekileyo ongamaziyo ngabo kodwa onokuthenjwa. Eminye iminwe abantwana bamele bayithiye amagama kwaye abantu bamele babe ngababaqhelileyo.*

YENZA: Cela abantwana ukuba batreyise izandla zabo emoyeni ekupheleni kwencwadi yokuhlekisa, Kwitempuleyithi ekwiSandla Sesangqa Esikhuselekileyo (Isihlomelo D), okanye kwisiqwentsu sephepha. Cela abantwana bakhethe abantu abahlanu, abemnye kumnwe ngamnye, ozakuba **kwisangqa** sabo **esikhuselekileyo**. Khumbula, emibini iminwe ingaba ngabantu ongabaziyo **abakhuselekileyo** (umz., ipolisa, utitshala). Mema abantwana ukuba bazobe umfanekiso womntu ngamnye wabo **omdala othenjiweyo okwisangqa** sabo **sokhuseleko**.

Cela abantwana basebenzise iminwe yabo ukugqiba ukuba ngubani onokuba **kwisangqa** sabo **sokhuseleko**. Eminye iminwe ngabantu **abathenjiweyo nabakhuselekileyo** ababakhethe ngokwabo. Cacisa ukuba akukho lukhetho lulungileyo okanye olungalunganga nokuba **isangqa** somntu ngamnye **esikhuselekileyo** siyakubonakala sahlukile.

BUZA: Funda imibuzo elandelayo uze ucele abantwana baphendulu.

IMIBUZO YESANGQA SESANDLA ESIKHUSELEKILEYO
Umbuzo 1: Ngubani umntu omdala othenjiweyo kwisangqa sakho sokhuseleko ombeke kubhontsi wakho? Iimpendulo ezingumzekelo: Ndizobe ipolisa. Ndinomfundisi wam. Ndibeke ukhowutshi wam.
Umbuzo 2: Ngubani umntu omdala othenjiweyo kwisangqa sakho sokhuseleko ombeke kumnwe wakho wokukhomba? Iimpendulo ezingumzekelo: Ndizobe wena njengotitshala wam. Ndino principali wethu. Ndibeke umntu ondifundisayo.
Umbuzo 3: Ngubani umntu omdala othenjwayo kwisangqa sakho sokhuseleko ombeke kumnwe wakho ophakathi? Iimpendulo ezingumzekelo: Ndizobe umama wam. Ndinodabawo. Ndibeke utamkhulu wam.
Umbuzo 4: Ngubani umntu omdala othenjwayo kwisangqa sakho sokhuseleko ombeke kumnwe wakho weringi kunye nocikicane? Iimpendulo ezingumzekelo: Ndizobe ukhowutshi wam. Ndinommelwane wam. Ndifake umzala wam.

UKUSEBENZISA LA MACEBO: Hlola kwakhona “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile” kunye nendlela uAbe azame ngayo ukuqhatha uThandi ukuba ahambe naye. Khumbuza abantwana xa besesikolweni okanye kwezinye iindawo, ukuba ngalo lonke ixesha baxebelele utitshala okanye **umntu omdala othenjwayo** xa **umntu onamaqhinga nongakhuselekanga** ezama ukuba bahambe naye. Kwakhona cela abantwana bathathe iiTempuleyithi zabo Zesandla Zesangqa Esikhuselekileyo (Isihlomelo D) ukuba bayihlole kwakhona nomnye **wabantu** babo **abadala abathenjwayo abakwisangqa** sabo **sokhuseleko**.

ICANDELO 2: INCOKO EKHUSELEKILEYO NENGAKHUSELEKANGA

INXALENYE 3 - UMNTU ABANTU ONGABAZIYO: NGUBANI OKHUSELEKILEYO KUNYE NONGAKHUSELEKANGA?

IZINTO EZIDINGEKAYO

- “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile”
- Imifanekiso Yabalinganiswa Ongabaziyo Abakhuselekileyo nabangaKhuselekanga (Isihlomelo E)
- Imifanekiso Yabalinganiswa Abanemibala Abakhuselekileyo nabangaKhuselekanga (Isihlomelo F)
- Ikhrayoni okanye iimvakha

Ukhetho:

- Omele Ukwenze Ukuzikhusela Kwividiyo Yabantu Ongabaziyo Abangakhuselekanga



- Ubhaka, Ijakethi

AMAGAMA ANGUNDOQO

- **Umntu oqhelekileyo:** umhlobo osondeleyo okanye ilungu lentsapho elaziwa kakhulu kwaye onokuqondwa
- **Into enidibanisayo:** unxibelelwano phakathi komntu omnye kunye nabanye
- **Umntu ongamaziyi okhuselekileyo:** abantu abangaziwayo ngaphambili kwaye abakhoyo ukuze bancede ugcinwe abanye bekhuselekile
- **Umntu ongamaziyi ongakhuselekanga:** umntu osebenzisa ubuxoki okanye iimfihlo ukwenza umntu othile azive engakhululekanga okanye owoyikayo kunye/okanye onzakalisa imizimba yabo okanye iimvakalelo

INXALENYE 4 - IIMFIHLO: YINTONI EKHUSELEKILEYO NENGAKHUSELEKANGA?

IZINTO EZIDINGEKAYO

- “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile”
- Iphepha lokuzoba
- Ikhrayoni okanye iimvakha

AMAGAMA ANGUNDOQO

- **Iimfihlo Ezikhuslekileyo:** inkcazelo eyenzelwe ukugcinwa ifihlakele okanye ingaziwa ixeshana kodwa enokutyhilwa ixesha elifutshane okanye kwabelwane ngayo
- **Iimfihlo ezingakhuselekanga:** inkcazelo enokonzakalisa umntu othile, yophule umthetho, okanye yenze umntu othile azive esoyika, engakhululekanga, okanye ebhidekile; kuthiwa makungabelwana ngayo nabanye
- **Ukhetho:** ukwenza isigqibo malunga nento okanye umntu osoloko ekhetha phakathi kwenzinto ezimbini okanye ngaphezulu okanye ukhetho

INXALENYE 3 - ABANTU ONGABAZIYO: NGUBANI OKHUSELEKILEYO NONGAKHUSELEKANGA?

YITHI: Namhlanje sizakuhlola ukuba bangakho njani **abantu abakhuselekileyo** kunye **nabangakhuselekanga ongabaziyo** ebomini bakho, kwaye banokuba ngobani. Sizakutyelela kwakhona “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile,” apho sibone indlela uThandi amqaphele ngayo uAbe, kodwa engamazi ncam. Ebengumntu angamaziyo. Ubesazi ukuba akanakuhamba noAbe ukuya epakini, kuba wayengekho **kwisangqa** sakhe **sokhuseleko**.

YENZA: Tyelela kwakhona inxalenye ekwi “Incwadi yamabali Yamanyathelo Okuhlala Ukhuselekile” apho uThandi adibana noAbe. Bonisa imifanekiso uze uchaze indlela uAbe **ngumntu onomaqhinga** ngayo kunye nendlela **angumntu ongakhuselekanga angamaziyo** ngayo uThandi.

BUZA: Buza le mibuzo ilandelayo uze ucele abantwana baphendulu.

IMIBUZO YABANTU ONGABAZIYO ABAKHUSELEKILEYO NABANGAKHUSELEKANGA

Umbuzo 1: Ngubani umntu ongaziwayo?

limpendulo ezingumzekelo: Umntu ongamaziyo nomntu odinga ukuba umlumkele xa ekhona. Umntu ongamqhelanga, kwanaxa umbona qho.

Umbuzo 2: Yintoni eyenza umntu abe ngumntu **ongaziwayo ongakhuselekanga**?

limpendulo ezingumzekelo: **umntu ongamaziyo ongakhuselekanga** angakucela wenze into **ongakhululekanga** ngayo, okanye azame ukukususa kwiindawo ezikhuselekileyo (umz. ikhaya lakho, abazali bakho, okanye abahlobo). **Umntu ongaziwayo ongakhuselekanga** angade azame ukukuqhatha okanye akucele uxoke (o.k.k.t., “Yaziwa sithi sobabini qha le nto ungaxeleli mntu.”)

Umbuzo 3: Ingaba bakhona **abantu ongabaziyo abangakhuselekanga** kwi-intanethi?

limpendulo ezingumzekelo: Ewe. Bangakhona **abantu ongabaziyo abangakhuselekanga** odibana nabo ngokoqobo nakwi-intanethi. Umntu esincokola naye kwi-intanethi ayisoloko ingumntu omaziyo kwaye ayingabo bonke abakhuselekileyo.

Umbuzo Owongezelelayo: Ngubani **angumntu ongamaziyo okhuselekileyo** kuwe?

limpendulo ezingumzekelo: **Abantu ongabaziyo abakhuselekileyo** isenokuba ngabantu ongabaziyo, kodwa abakuncedayo nabangafuni kukwenzakalisa. **Abantu ongabaziyo abakhuselekileyo** isenokuba ngamapolisa, abantu abasebenza evenkileyo yokutya, okanye abantu abadala abasebenza esikolweni sakho.

YITHI: Nangona ingengabo bonke abantu obaziyo abayingozi, musa ukusondela kubantu neendawo ongazaziyo kwaye ungazi uye endaweni ethile nomntu ongamaziyo. **Abantu Ongabaziyo abangakhuselekanga** banokuba yingozi. Bangakupha iilekese, imali okanye ezinye izinto kuba befuna ukuba uhambe nabo ninodwa nize niye kwindawo **engakhuselekanga**. Kubalulekile ukuba ubazi **abantu abangakhuselekanga** kwaye ungayi naphina nomntu ongamqhelanga ongenanto **ikudibanisa** naye okanye ongumntu ongamaziyo. Kodwa ke, **Kodwa ke, umntu ongamaziyo okhuselekileyo** isenokuba ngumntu ongamaziyo, kodwa ozokukunceda kwaye ongafuni ukukwenzakalisa. **Umntu ongamaziyo okhuselekileyo** angakunceda xa usengozini, njengepolisa okanye ugqirha.

Ingaba nisakhumbula ngokuya besisenza **isangqa sokhuseleko** saza sabhala abantu esibaziyo, njengomamakho, utamkhulu, okanye umakazi nodabawo? Kwakhona saphinda acinga ngabanye **abantu ongabaziyo abakhuselekileyo** njengamapolisa okanye umzali nabanye abantwana. Zonke **izangqa zokhuseleko** ziyafana kodwa azifani zonke kuba sineentsapho ezahlukeneyo kwaye sazi abantu abahlukeneyo. Oku kuthetha ukuba sisenokuba **nabantu abadala esinokubathemba** ebomini bethu kwakunye **nabantu esingabaziyo abakhuselekileyo nabangakhuselekanga**. Ngokomzekelo, usenokuba umazi kakuhle umakazi okanye udabawo wakho nomalume wakho, kwaye basenokuba bakhona **kwisangqa** sakho **sokhuseleko**. Kodwa ke, umakazi okanye udabawo nomalume womnye umntu usenokuba ngumntu abangamaziyo kwaye basenokuba abekho **kwisangqa sokhuseleko** sabo.

OMAWUKWENZE: Phakamisa Imifanekiso Yohlobo Lomntu Ongamaziyo Okhuselekileyo Nongakhuselekanga (Isihlomelo E) ube mnye ngexesha uze ufunde imibuzo elapha ngezantsi kwethi “Incwadi Yamabali Yamanyathelo Okuhlala Ukhuselekile.” Cela abantwana baphakamise “oobhontsi ababini” naninina becinga ukuba impendulo imele ithi **umntu ongamaziyo okhuselekileyo**. Xa becinga ukuba impendulo imele ithi **umntu ongamaziyo ongenakuthenjwa**, abantwana mabasonge izandla phezu kweentloko zabo benze u-x baze benze inqindi ngezandla zabo.

Ungazikhethelela: Xa abantwana besithi “ongakhuselekanga,” mabenze isayini ethi yima ngesandla, baze baxhume/bangqishe esinye isandla sabo sisesinqeni (bame ngathi ngamagorha).

Imifanekiso Yohlobo Lomntu Ongamaziyo Okhuselekileyo Nongakhuselekanga	Okhuselekileyo/ Ongakhuselekanga	Ukuthetheleleka
Amapolisa	Okhuselekileyo	Baye bakwazi ukunceda uThandi
Umama (nomntwana)	Okhuselekileyo	Baye bakwazi ukunceda uThandi
Abe	Ongakhuselekanga	Uye wazama ukuthatha uThandi ahambe naye aye kwindawo engakhuselekanga aze ayigcine iyimfihlo (imfihlo engakhuselekanga) emsusa kwisangqa esikhuselekileyo sakhe.

IMIBUZO YETHI “INCWADI YAMABALI YAMANYATHELO OKUHLALA OKUHLALA UKHUSELEKILE”

Umbuzo 1: Ingaba lomntu ungamaziyo ukhuselekile okanye akakhuselekanga kuwe?

Iimpendulo engumzekelo: **Abantu ongabaziyo abakhuselekileyo** ngabantu ngokuqhelekileyo abalungele ukundinceda.

Umbuzo Owongezelelayo: Kutheni ucinga ukuba lo mntu ungamaziyo ukhuselekile okanye akakhuselekanga kuwe?

Iimpendulo engumzekelo: Nabani na ozama ukundiqhatha okanye ukundenzakalisa **safe ngumntu/ngumntu endingamaziyo ongakhuselekanga**.

Umbuzo 2: Ingaba uThandi unento **emdibanisayo** noAbe?

Iimpendulo ezingumzekelo: Hayi, ebengenanto **emdibanisayo** noAbe. Siyazi kweli bali ukuba uThandi ebengamazi uAbe.

Umbuzo Owongezelelayo: Wazi njani ukuba uThandi ebengenanto **emdibanisayo** noAbe?

Iimpendulo ezingumzekelo: Utamkhulu kaThandi usenokuba ebemazi uAbe, kodwa uThandi zange wadibana noAbe. Ukuba umntu awumazi kwaye zange wathethanaye, ngoko akunakubakho nto ekudibanisa naye.

YITHI: Namhlanje sifunde ukuba umntu ongamaziyo usenokuba **ngumntu othenjwayo** nomntu **okhuselekileyo** okanye usenokuba **ngumntu onamaqhinga nongakhuselekanga**. Sifunde ngeempawu zabantu **ongabaziyo abangakhuselekanga** kwaye siza kufunda ukuba kufuneka senze ntoni ukuba siziva **singakhululekanga** okanye singakhuselekanga.

YENZA OKU: Cela abantwana bafake umbala Kwimifanekiso Yohlobo Lommntu Ongamaziyo Okhuselekileyo Nongakhuselekanga (Isihlomelo F). Cela abafundi bakhethe imibala eyichaza kakuhle indlela abaziva ngayo xa besiva amagama athi okhuselekileyo nongakhuselekanga. Cela abantwana bakuxelele, okanye omnye **umntu omdala onokuthenjwa**, oko bakufundileyo namhlanje **ngabantu abangaziwayo abakhuselekileyo nabangakhuselekanga**.

BUZA: Yintoni oyenzayo ukuba **umntu ongamaziyo ongakhuselekanga** ufuna ukuthetha nawe?

Iimpendulo ezingumzekelo: Ukuba **umntu ongamaziyo ongakhuselekanga** uzama ukuthetha nam, okanye ubuza ukuba ndihlala phi okanye ndifundaphi, ndifanele ndiyeke ukuthetha naye ndiqhubeka ndimshiye apho. Ukuba **umntu ongamaziyo ongakhuselekanga** uzama ukusondela kakhulu kum, ndiza kubaleka okanye ndimtyhale.

UMSEBENZI WOKUSEBENZISA LA MACEBO: Cacisa ukuba umele ngawo onke amaxesha uxelele umntu **okwisangqa esikhuselekileyo** xa kukho **umntu ongamaziyo ongakhuselekanga**. Kwakhona kubalulekile ukucacisa elokuba maxa wambi kusenokufuneka uqale ubaleke ngaphambi kokuba uye kuxelele **umntu omdala othinjwayo**.

Xoxa nabantwana ngendlela yokuzikhusela xa **umntu ongamaziyo ongakhuselekanga** uzama ukubabamba. Bonisa ngokwenza izinto ezingabanceda bazikhusele. Funda uze ubabonise ngokoqobo nganye kwizinto eziphantsi kwethi “Izenzo Zokuzikhusela Kumntu Ongamaziyo Ongakhuselekanga.” Cela abantwana bakulinganise ezi zinto uzenzayo.

**Phawula: Kuphephe ukucela umntwana akwenze nomnye umntwana oku, ukwenzela ukhuseleko.*

Izenzo Zokuzikhusela Kumntu Ongamaziyo Ongakhuselekanga:

1. **Ibhegi yakho:** Xa umntu ebamba ibhegi yakho, hlisa igxalaba lakho, uwise ibhegiyakho, uze ubalekele kwindawo ekufutshane ekhuselekileyo njengaseklasini, evenkileni, okanye kwikhaya elinabantwana nalo. Ukukhuseleka kwakho kubaluleke kakhulu kunebhegi yakho. Ungaphinda uyifumane enye ibhegi.
2. **Ibhatyi:** Xa umntu ekubamba ngebhatyi yakho, hlisa igxalaba lakho, ukhuphe iingalo zakho, uze ubalekele kwindawo ekhuselekileyo njengeklasi, ivenkile, okanye intsapho enabantwana nayo. Ukukhuseleka kwakho kubaluleke kakhulu kunebhatyi yakho. Ungaphinda uyifumane enye ibhegi.
3. **Uzimbha:** Xa umntu ekubamba egxalabeni okanye kwenye indawo emzimbeni, zama ukubaleka. Ukuba awukwazi, yehla uye ezinyaweni zakhe uze ubambe nkqi olunye unyawo lwakhe uze ugweqe olunye unyawo lwakhe ngeenyawo zakho. Ungade ukhwaze ucela uncedo uze utsho amazwi afana nathi “Awungomama wam!” okanye “Andikwazi mna.”

Ungazikhethele: Usenokubonisa ividiyo ethi Izinto Onokuzenza Ukuzikhusela Kubantu Ongabaziyo endaweni yokuba uzenze ngokwakho ezi zinto zingasentla.



INXALENYE 4 - IIMFIHLO: YEYIPHI EKHUSELEKILEYO NENGAKHUSELEKANGA?

YITHI: Besifunda ngendlela abantu abahlukahlukeneyo abanokuthi **bathenjwe baze bakhuseleke** okanye **onamaqhinga okanye ongakhuselekanga**. Kanye njengokuba abantu besenokuba ngabakhuselekileyo nabangakhuselekanga, neemfihlo esizixelayo nesizixelwayo zisenokuba **zezikhululekileyo nezingakhuselekanga**. **Iimfihlo ezikhuselekileyo ziimfihlo ezingakhuselekanga ezenza nawe uvuye kuze kuvuye wonke umntu**, njengokuceba ipati yokothusa umntu omthandayo. **Iifihlo Ezikhuselekileyo zifanele zigcinwe nje ixesha elincinane nje kwaye zimele zixelwe abanye abantu ekugqibeleni**. Kodwa ke, **iimfihlo ezingakhuselekanga** zisenokuphathelela into eza kukonzakalisa okanye yonzakalise omnye umntu kwaye azimele zihlale zingaziwa zona. Zingakwenza uzive ukhathazekile, ungaziva kakuhle, **ungakhululekanga** okanye usoyika ukuba kungenzeka ntoni. Ngokuqhelekileyo ngabantu **abanamaqhinga nabangakhuselekanga** abanokuzama ukukuqhatha baze bakucele ukuba ugcine **iimfihlo ezingakhuselekanga**, kuba efuna ukwenza uzive ngathi kumele ungachazi indlela oziva ngayo kwaye akumele uxelele **umntu omdala onokuthenjwa**.

YENZA OKU: Cela abantwana beme emigceni emibini. Bacacisele ukuba uza kusebezela ukhapteryini womgca ngamnye into eyimfihlo (o.k.k.t., umntu osequqaleni emgceni). Khumbuza ookhapteryini ukuba abavumelekanga ukukhwaza xa bexelela abanye. Xa usithi “qalisani,” ikhapteryini yomgca ngamnye kufuneka isebeze elo gama kumntu olandelayo. Cela umntwana ngamnye asebezele umntu olandelayo de loo mfihlo isetyezwayo ifike ekupheleni komgca.

**Phawula: Ungasebenzisa naliphina igama eliyintloko kulo mdlalo wokusebezela (o.k.k.t., ukukhuseleka, akukhuselekanga, imfihlo, ukhetho, amaqhinga, onokuthenjwa, andikhululekanga)*

BUZA: Funda le mibuzo ilandelayo uze ucele abantwana baphendule.

IMIBUZO YOMNTU ONGAMAZIYO OKHUSELEKILEYO NONGAKHUSELEKANGA

Umbuzo 1: Ingaba nicinga ukuba umdlalo wethu wento eyimfihlo ibikukugcina into **eyimfihlo ekhuselekileyo** okanye **engakhuselekanga**?

Iimpendulo engumzekelo: Ndinga ukuba into eyimfihlo ebesithetha ngayo ibikhuselekile kuba iye yagcinwa ixesha elifutshane kwaye iye yaxelelwa wonke umntu.

Umbuzo 2: Kutheni umntu engakucela ukuba ugcine **imfihlo ekhuselekileyo**?

Iimpendulo engumzekelo: Ukuba imfihlo idibene nomhla wokuzalwa, ikhefu, okanye isipho, xa kunjalo **yimfihlo ekhuselekileyo**. Okanye kwaumdlalo, kanye ngokwendlela esiye sadlala ngayo. Iye yagcinwa kangangexeshana elincinane.

Umbuzo 3: Nicinga ukuba yintoni **imfihlo engakhuselekanga**?

Iimpendulo ezingumzekelo: Ukuba imfihlo ifuna kufihlwe into ephosakeleyo, iphathelele ukubanjwa ngendlela **ongakhululekanga ngayo**, okanye ingakwenzakalisa, xa injalo **yimfihlo engakhuselekanga**.

Umbuzo 4: Yintoni ofanele uyenze ukuba ucelwa ugcine **imfihlo engakhuselekanga**? Iimpindulo ezingumzekelo: Ndifanele ndithi kumntu ondicela ndigcine imfihlo, “Hayi, andikhululekanga ukwenza le nto uyicelayo.” okanye “Hayi, andizokuyigcina iyimfihlo.” Ngoko ke, xeleta **umntu omdala onokuthenjwa**.

Umbuzo Owongezelelweyo: Ingaba imfihlo engakhuselekanga ingaze itshintshe ibe yekhuselekileyo?

Iimpindulo ezingumzekelo: Hayi. **Imfihlo engakhuselekanga** kukufihla into ephosakeleyo okanye eyingozi. Le nto ayinakuze ibe yekhuselekileyo. Kwanaxa umntu esithi loo mfihlo ikhuselekile okanye esithi uyakuthanda, ukuba loo mfihlo ingakwenzakalisa, ikususe **kubantu abadala obathembayo**, okanye ikwenze uzive **ungakhululekanga**, ngoko ingaba yimfihlo ekhuselekileyo.

YITHI: Abantu abangakhuselekanga ngabantu abangamenywanga ekusenokwenzeka ukuba sele ubazi. Umntu onamaqhinga akasoloko engumntu ongazange wambona; isenokuba ngumntu omqhelileyo osele umazi, njengelungu losapho okanye umhlobo wosapho. Nawuphina umntu usenokuba **ngumntu onamaqhinga**. **Umntu onamaqhinga** ukukhuthaza ukuba ugcine **iimfihlo ezingakhuselekanga** aze akuxelele ukuba ungaxeleli omnye umntu. Ezi **mfihlo zingakhuselekanga** zingakwenza uzive **ungakhululekanga** kwaye zingonzakalisa wena okanye omnye umntu.

BUZA: Funda ezi meko zilandelayo nemibuzo ehambisana nazo uze ucele abantwana baphendule. Cela abantwana beme ngenyawo ukuba bancinga ukuba kuloo meko uyibekayo kukho **imfihlo ekhuselekileyo**, okanye bacele baphakamise izandla phezu kweentloko zabo ukuba bacinga ukuba kukho **imfihlo engakhuselekanga** kule meko uyifundayo.

IIMEKO ZEMFIHLO EKHUSELEKILEYO NENGAKHUSELEKANGA

Imeko 1: UTim ucela umama wakhe babhakele utatomkhulu ikeyiki, kodwa uthi mabangamxeleli ngabo bafuna ukumothusa.

Umbuzo 1: Ingaba le **yimfihlo ekhuselekileyo** okanye **engakhuselekanga**? Kutheni usithi yiyo okanye usithi asiyiyo?

Iimpindulo engumzekelo: **Imfihlo ekhuselekileyo**. UTim wenzela utatomkhulu wakhe into entle ukuze amonwabise.

Imeko 2: Ulsabella nodade wabo omncinci beva ukuba abazali babo bayaxabana. Babona umama wabo etyhalwa baze boyike. Babaleka baye egumbini. Ulsabella uxelela udade wabo ukuba mabathule bangaxeleli mntu.

Umbuzo 2: Ingaba le **yimfihlo ekhuselekileyo** okanye **engakhuselekanga**? Kutheni usithi yiyo okanye usithi asiyiyo?

Iimpindulo ezingumzekelo: **Imfihlo engakhuselekanga**. Ulsabela nodade wabo bayoyika kwaye umama wabo wonzakele. Khumbula, **imfihlo engakhuselekanga** ingakwenza uzive **ungakhululekanga** kwaye ingakwenzakalisa okanye konzakale omnye umntu.

Imeko 3: UMia ebesoloko ekhathazeke kakhulu mvanje. Abahlobo bakhe abasenyongweni uJohn noLumka bafuna ukumbona onwabile. Bamenzela ikhadi elikhethekileyo baze bathenge iilekese baze bazifihle ebhegini yakhe. Omnye umhlobo udlula kubo aze ababuze ukuba benzani. Bathi bona bazama ukothusa uMia ngekhadi nesipho seelekese, kodwa bamcela ayigcine iyimfihlo.

Umbuzo 3: Ingaba le **yimfihlo ekhuselekileyo** okanye **engakhuselekanga**? Kutheni usithi yiyo okanye usithi asiyiyo?

Iimpendulo ezingumzekelo: **Imfihlo ekhuselekileyo.** UJohn noLumka benzela umhlobo wabo uMia into entle eza kumonwabisa.

Imeko 4: Ucharlie ebedlala nomhlobo wakhe osenyongweni waza wabona iindawo ezidumbileyo ezingalweni nasezinyaweni zomhlobo wakhe. Xa uCharlie ebuza ngezo ndawo zidumbileyo, umhlobo wakhe woyika waza wathi, “Ndicela ungaxelelimntu! Utata uyacaphuka aze ngamanye amaxesha andenzakalise.”

Question 4: Ingaba le **yimfihlo ekhuselekileyo** okanye **engakhuselekanga**? Kutheni usithi yiyo okanye usithi asiyiyo?

Iimpendulo ezingumzekelo: **Imfihlo engakhuselekanga. Yimfihlo engakhuselekanga** ngoba umhlobo wakhe uyonzakaliswa ngutata wakhe. Ukuxelela **umntu omdala onokuthenjwa** kunganceda ukuphelisa loo mpatho mbi kuze kuncede intsapho yakhe ifumane uncdo eludingayo.

Imeko 5: Uamina wenzela umama wakhe ikhadi elikhethekileyo esikolweni aze acele udade wabo athi, “Ndiyacela umama angabi nalo nofifi ngale nto, uvile? Ndifuna ukumothusa ngokwam.”

Question 5: Ingaba le **yimfihlo ekhuselekileyo** okanye **engakhuselekanga**? Kutheni usithi yiyo okanye usithi asiyiyo?

Iimpendulo ezingumzekelo: **Imfihlo ekhuselekileyo. Yimfihlo ekhuselekileyo** kuba yenzelwa isihlandlo esikhethekileyo sikamama wakhe kwaye uza kuyibona imfihlo kwelo khadi liyimfihlo xa uAmina esothusa umama wakhe ngale.

Imeko 6: Omnye kwintsapho kaErina uthathe imifanekiso engafanelekanga yakhe (o.k.k.t., imifanekiso yamalungu akhe angasese). Uye wathi kuye, “Ukuba akuxeleli mntu ngale mifanekiso, ndiza kukuthengela nantoni na oyifunayo, uvile?”

Question 6: Ingaba **yimfihlo ekhuselekileyo** okanye **imfihlo engakhuselekanga**? Kutheni usithi yiyo okanye usithi asiyiyo?

Iimpendulo ezingumzekelo: **Imfihlo engakhuselekanga. Yimfihlo engakhuselekanga.** ngenxa yokuba akukho mntu ufanele athathe imifanekiso yamalungu akho angasese. Umalume wakhe umcela ukuba angaxeleli mntu ngale nto kuba esazi ukuba iphosakele kwaye ayikho mthethweni.

YITHI: Namhlanje sifunde ukuba kukho **iimfihlo ezikhuselekileyo** kunye **nezingakhuselekanga**. Kwakhona sifunda ukuba **abantu abanamaqhinga** ayingobantu ongabaziyo kuphela, koda isenokuba **ngabantu obaqhelileyo** abangabantu **abangakhuselekanga**. Abantu **abanamaqhinga nabangakhuselekanga** badla ngokuthembisa ukupha isipho ukuba akuzi kuxelela mntu uze ugcine imfihlo yabo. Ngamanye amaxesha **imfihlo engakhuselekanga** kuxa uye wabona into engakhuselekanga okanye eyingozi isenzeka komnye umntu uze ugqibe kwelokuba uyigcine iyimfihlo. Ngokomzekelo, ukuba ubona umntu ekhaya ezenzakaliswa kuba eye watyhalwa, wabethwa, okanye wagityiselwa ngento, kwaye uziva usoyika kakhulu ukuba uxelele **umntu omdala onokuthenjwa**.

YENZA OKU: Funda ngokuvakalayo la maphepha kwethi “Incwadi Yamabali Yamanyathelo Okuhlala Ukhuselekile” kwindawo apho uAbe esiba namaqhingha kwakhona (iphepha 5-7). Cela abantwana baphulaphule ibali ngoxa bejonge imifanekiso ngenyameko ukuze babone ukuba bangakwazi ukufumanisa ukuba kutheni uAbe enamaqhingha. Njengokuba ufunda eli bali, yima emva kwephepha ngalinye uze uthi, “Kulapha ke apho uAbe abonisa amaqhingha.” Cela abantwana baphinde la magama, “Hayi, yho! UAbe unamaqhingha!” Qhubeka uchaza izizathu zokuba uAbe engumntu onamaqhingha usebenzisa iingcaciso ezivela kolu ludwe lungezantsi.

Iphepha #	Ingcaciso
5	UThandi akamazi uAbe. Akaqhelananga naye. Ngumntu omdala ongakhuselekanga. UAbe akamazi uThandi. Unamaqhingha kuba ngumntu omdala ocela ukudlala nomntwana xa abazali bengekho.
6	UAbe unamaqhingha ngenxa yokuba uzenza ngathi ngumntu onobuhlobo. Uxelela uThandi ukuba ungumdlali webhola ekhatywayo aze ambambe ebusweni ngaphandle kwemvume. UThandi uziva engakhululekanga , kodwa uAbe uyahleka.
7	UAbe ucela uThandi ukuba ahambe naye baye epakini ekhufutshane kwikhala likaAbe aze amthembi ngebhola entsha yesoka. Unamaqhingha kuba uyazi ukuba uThandi akavunyelwanga ukuba ahambe, kodwa uyaqhubeka emcela ukuba bahambe aze athi angachazeli mntu. Abantu abadala abanamaqhingha kunye nabo bangakhuselekanga abayonxalenye yesangqa esikhuselekileyo, ngoko abamele bakucele ukuba uhambe nabo naninina. Ukuba umntu ukucela ukuba wenze into owaziyo ukuba akuvumelekanga ukuyenza, loo mntu unamaqhingha .

BUZA: Funda le mibuzo ilandelayo uze ucele abantwana baphendule ngokuthi bacinge ngeli bali nabadlali abakulo.

IMIBUZO YETHI INCWADI YAMABALI YAMANYATHELO OKUHLALA UKHUSELEKILE

Umbuzo 1: Ucinga ukuba uAbe wayemqhelile uAbe okanye wayengamqhelanga uThandi?

Impendulo: Wayengamqhelanga uAbe.

Umbuzo 2: Ucinga ukuba uAbe wayengumhlobo okanye wayenamaqhingha?

Impendulo: UAbe wayenamaqhingha.

Umbuzo 3: Yintoni eyenziwa nguAbe emenze ukuba abenamaqhinga?

Iimpendulo ezingumzekelo: UAbe ebezama ukuqhatha uThandi ukuba amthembe aze ahambe naye aye epakini kungekho **mntu umdala onokuthenjwa**. Kwanasemva kokuba uThandi ethe hayi, uye waqhubeka ezama ukumrhwebesha ngesipho waza wamcela ukuba ayigcine iyimfihlo.

Umbuzo 4: Yintoni ofanele uyenze ukuba ubona into engakhuselekanga?

Iimpendulo ezingumzekelo: Xeleta **umntu omdala onokuthenjwa** okhoyo **kwisangqa esikhuselekileyo**. Oku kusekwathetha ukuba kufuneka kuxelwe **umntu ongaziwayo okhuselekileyo**, ngendlela awenza ngayo uThandi xa wabalekela komnye umama ohamba nomntwana.

Umbuzo Owongezelekileyo: Ngubani omele axele **imfihlo engakhuselekanga**?

Iimpendulo ezingumzekelo: Wonke umntu angayixela **imfihlo engakhuselekanga**, kodwa ke, ukuba **ungumntu onokuthenjwa** kwaye **ungumntu okhuselekileyo**, akuyi kuxela **iimfihlo ezingakhuselekanga**.

UMSEBENZI OWENZIWAYO: Khumbuza abantwana ukuba **iimfihlo ezikhuselekileyo** zimele zigcinwe ixesha elifutshane kwaye zimele zikwazi ukuchazwa ekugqibeleni. Kodwa ke, **iimfihlo ezingakhuselekanga** zisenokuba ziphathelele into eza kukwenzakalisa wena okanye omnye umntu kwaye azimele zigcinwe ziyimfihlo. **I mfihlo engakhuselekanga asiyonto nje kuphela umntu akuxelela yona, isenokuba yinto umntu azigqibela ngokwakhe ukuba uza kuyigcina iyimfihlo ngento ethile aye wayibona esenokuba ayikhuselekanga okanye iyingozi komnye umntu.** Le nto isenokuba kukubona umntu ebhulishwa okanye esenzakaliswa uze woyike kakhulu ukuxelela umntu ngaloo nto..

Sasaza amaphepha okuzoba nezinto zokuzoba. Cela abantwana bakuzobele **abantu abadala abanokuthenjwa** ababini (okanye ngaphezulu) abanokuya baze bathethe nabo ukuba babone into engakhuselekanga okanye eyingozi ebisenzeka komnye omntu.

ICANDELO 3: UKUCHUKUNYISWA NGENDLELA OYIFUNAYO NONGAYIFUNIYO

INXALENYE 5 - UKUCHUKUNYISWA NGENDLELA EKHUSELEKILEYO NENGAKHUSELEKANGA

IZINTO EZIDINGEKAYO	AMAGAMA ANGUNDOQO
• “Incwadi Yamabali Yamanyathelo Okuhlala Ukhuselekile” • Iphapha elikhulu elibekwa ebhodini okanye ibhodi emhlophe • Amakhadi Okuchukunyiswa Ngendlela Ekhuselekileyo Nengakhuselekanga (Isihlomelo G) • Amazwi Akhuselekileyo Nengakhuselekanga (Isihlomelo H) • likhrayoni okanye udongwe • Umsebenzi Wokuthumelelana (Isihlomelo I)	• Ukuchukumisa Okukhuselekileyo: Ukuchukumisa ngendlela efanelekileyo okwenza umntu azive ekhathalelwe, ebalulekile kwaye ekhuselekile • Ukuchukunyiswa Ngokukhakhuselekanga: ukuchukunyiswa ngendlela ebiwayo okanye embi eyenza umntu azive engakhululekanga okanye enzakalisiwe • Ukuchukunyiswa Okungafunwanga: umntu okuchukumisa mhlawumbi ngendlela ekhuselekileyo okanye engakhuselekanga ngaphandle kwemvume yakho • Ukuchukunyiswa Okufunwayo: ukuchukunyiswa okwenza umntu azive akhathalelwe, ebalulekile, ekhuselekile, kwaye kufuneka kwenziwe ngemvume yakho

INXALENYE 6 - IMIDA EKHUSELEKILEYO EMZIMBENI

IZINTO EZIDINGEKAYO	AMAGAMA ANGUNDOQO
• “Incwadi Yamabali Yamanyathelo Okuhlala Ukhuselekile” • Iphepha Lokufaka Imibala Yomsebenzi Wokuchukunyiswa Okungafunwayo (Isihlomelo J) Uyazikhethela: • likhrayoni	• Imida Yomzimba Yakho: indawo yakho okuyo elapha ecaleni komzimba wakho wonke iquka amalungu angasese • Indawo Yakho: ubungakanani bendawo oyidingayo phakathi kwakho nabanye ukuze uzive ukhululekile kwaye ungaphazanyiswa • Amalungu Angasese: Amalungu omzimba omntu agqunywe yimpahla yangaphantsi, okanye impahlo yokuqubha • Intlonelo: ukuhlonela into okanye umntu njengoxabisekileyo nobalulekileyo

INXALENYE 5 - UKUCHUKUNYISWA NGENDLELA EKHUSELEKILEYO NENGAKHUSELEKANGA

YITHI: Abantwana banamalungelo amaninzi awahlukahlukeneyo, kuquka ukuya esikolweni ukuze bafumane imfundo, nokuba nobugcisa bokukhuseleka uze udlale nabahlobo. Kwakhona banelungelo lokukhuseleka kwingozi, nto leyo ethetha ukuba banelungelo lokuthi hayi xa **bephathwa ngendlela abangayifuniyo**. Namhlanje, siza kufunda ngakumbi ngemizimba yethu **nokuchukunyiswa okukhuselekileyo nokungakhuselekanga. Ukuchukunyiswa okukhuselekileyo singathi kukhuselekile ngenxa yokuba kwenziwa ngemvume yakho. Ukuchukumisa okufunwayo**, kufana nokuwolwa ngumama wakho okanye ukuphuzwa esidleleni ngumakhulu wakho, yindlela efanelekileyo yokuchukunyiswa ekwenza uzive uthandwa, ukhathelewe, ukhululekile, kwaye unqabisekile.

Kodwa ke, **ukuchukunyiswa okungakhuselekanga** kungakwenza uzive **ungakhululekanga**, usoyika, okanye ubuhlungu. Abanye abantu abadala abamele bachukumise, bajonge, okanye badlale **ngamalungu angasese** akho, kuquka ootishala bakho nabanye abantu ongabaziyo. **Ukuchukunyiswa okungafunwayo kwenzeka xa umntu ekuchukumisa ngendlela esenokuba ikhuselekile okanye ayikhuselekanga ngaphandle kwemvume yakho.** Unelungelo lokuthi hayi ukuba umntu uqhubeka ekuchukumisa emva kokuba uthe makayeke okanye xa ekucela wena ukuba umchukumise phantsi kwempahla yakhe yangaphantsi. Ukuba umntu uqhubeka ekuchukumisa **amalungu akho angasese** (ngemvume yakho okanye ngaphandle kwayo) okanye ukucela ukuba umchukumise **amalungu angasese** akhe, oku kukuchukunyiswa okungafunwayo nokungakhuselekanga, kwaye umele uxelele **umntu omdala kwisangqa esikhuselekileyo!**

YENZA: Cela abantwana baprektize bephinda la mazwi alandelayo esivumo ngemizimba yabo baze baprektize ukuthi “hayi” ngendlela engekho krwada, kodwa ngelizwi eliqinisekileyo.

- Amazwi Esivumo: “Umzimba wam ngowam.”
- Umzekelo Wamazwi athi Hayi: “Hayi, ungandichukumisi.” “Ndiyeke. Andifuni kubanjwa ngolo hlobo.”

BUZA: Funda le mibuzo ilandelayo uze ucele abantwana baphendule.

IMIBUZO NGOKUCHUKUNYISWA OKUNGAFUNWAYO NOKUNGAKHUSELEKANGA

Umbuzo 1. Kunjani **ukuchukunyiswa okungafunwayo nokungakhuselekanga?**

Iimpendulo ezingumzekelo: **Ukuchukunyiswa okukhuselekileyo** kwenza umntu azive ekhathalelwe kwaye ekhululekile. **Ukuchukunyiswa okufunwayo** kukuchukunyiswa ngendlela efanelekileyo nelungileyo kwaye kwenziwa ngemvume.

Umbuzo 2. Yintoni **ukuchukunyiswa ngendlela engafunwayo** okanye **engakhuselekanga?**

Iimpendulo ezingumzekelo: **ukuchukunyiswa okungakhuselekanga** kusenokuba yinto ebiwayo okanye ukuchukunyiswa okundenza ndizive **ndingakhululekanga. Ukuchukunyiswa okungakhuselekanga kungayingozi kum. Ukuchukunyiswa okungafunwayo** yinto endingayifuniyo. Khange ndithi ewe okanye ndikunike mvume yokundichukumisa.

Umbuzo Owongelelweyo. Ingaba unalo ilungelo lokuthi hayi xa **uchukunyiswa ngendlela engafunwayo okanye engakhuselekanga?** Kutheni usithi kunjalo okanye akunjalo?

Sample answer: Ewe, umzimba wam ngowam kwaye ayinguye owomnye umntu.

YITHI: Sisebenzisana nabantu abaninzi abahlukahlukeneyo yonke imihla kwaye ngamanye amaxesha oku kusebenzisana kusengaquka iintlobo zokuchukumisa. Kukho imizekelo emininzi yendlela eyamkelekileyo kunye **nokuchumisa okukhuselekileyo**. Kodwa ke, asiyiyo yonke imizekelo ebonisa **ukuchukumisa okufunwayo** kwaye kubalulekile ukuba niwazi umahluko.

YENZA: Bonisa Amakhadi Omfanekiso Wokuchukumisa Okukhuselekileyo Nokungakhuselekanga (Isihlomelo G) kolu ludwe. Cela abantwana bakhangele ukuba zeziphi ezikhuselekileyo nezingakhuselekanga ngokusebenzisa isayini yesandla xa bebona le mizekelo. Ukuba abantwana bacinga ukuba lo ngumekelo wendlela **yokuchukumisa ekhuselekileyo**, bacele bamise ubhontsi othi kuhle. Ukuba ucinga ukuba **kukuchukumisa okungakhuselekanga**, bacele benze unxi (X) ngeengalo zabo.

ISAMPULI YOKUCHUKUMISA OKUKHUSELEKILEYO	ISAMPULI YOKUCHUKUMISA OKUNGAKHUSELEKANGA/OKUNGAFUNWAYO
• Ukuwola okuthuthuzelayo okanye ukugonwa ngumntu omthembayo • Ukumbambazelwa emqolo okanye ukubethana ngezandla emoyeni konwatyiwe • Ukunceda umntu abe sempilweni ngokumhlaba inaliti okanye ukumbangula • Umzali okanye onyamekela impilo ehlamba omnye umntu ukuze acoceke • Ukumbambazea umhlobo wakho egxalabeni okanye emqolo xa nidlala umdlalo wokucweyana • Ukuwola okanye ukuphuza umntu ekhayeni lakho xa uvuka kusasa okanye usiya kulala • Abantu abadala abaxhawulanayo besithi 'molo' okanye xa bevumelana ngento	• Ukubetha • Ukunqinda • Ukutyhala • Ukutsweba • Ukuxhuzula • Ukukhaba • Ukuluma • Ukunyumbaza umntu engafuni (ukuqhubeka nasemva kokuba umntu ethe andifuni okanye yeka) • Ukuhlala phezu okanye ecaleni komntu ongamaziyo okanye ukusingathwa ngumntu onamaqhinga/ongakhuselekanga

Ozikhethelayo: Printa Amagama Abonisa Okukhuselekileyo Nokungakhuselekanga (Isihlomelo H). Beka igama ngalinye ajongane apha egumbini. Cela abantwana beme embindini wegumbi njengokuba uphakamise amaKhadi Emifanekiso Yokuchukumisa Okukhuselekileyo Nokungakhuselekanga (Isihlomelo G). Xa uphakamisa umfanekiso, xelela abantwana ukuba yintoni leyo uze ubacele ukuba bagqibe ukuba leleiphi icala legumbi abacinga ukuba amele aye ngakulo (elikhuselekileyo okanye elingakhuselekanga) uze uhambe uye kwelinye icala (o.k.k.t., ukubethana ngezandla emoyeni kubuliswana kukuchukumisa okukhuselekileyo).

BUZA: Funda le mibuzo ilandelayo uze ucele abantwana baphendule.

IMIBUZO NGOKUCHUKUNYISWA OKUNGAFUNWAYO NOKUNGAKHUSELEKANGA

Umbuzo 1: Yintoni umahluko phakathi **kokuchukunyiswa okukhuselekileyo** kunye **nokuchukunyiswa okungakhuselekanga/okungafunwayo**?

Limpendulo ezingumzekelo: **Ukuchukunyiswa** kwenza umntu azive ekhathalelwe.

Ukuchukunyiswa okungakhuselekanga kwenza umntu azive esenyanya, ekhathazekile engakhuselekanga, okanye engakhululekanga.

Umbuzo 2: Ingaba zikhona iindlela **zokuchukumisa ezikhuselekileyo** ezinokuthi zibe **kukuchukumisa okungafunwayo** okanye **okungakhuselekanga**? Kutheni usithi kunjalo okanye Kutheni usithi akunjalo?

Limpendulo ezingumzekelo: Ewe, ukuwolwa **okungafunwayo** okwenza umntu azive **engakhululekanga** kwanaxa kuvela kumntu abamaziyo **kukuchukumisa okungakhululekanga**.

Umbuzo Owongezelelekileyo: Yintoni oyenzayo ukuba umntu osesikolweni sakho **ongafanelekanga nonamaqhinga** uzama ukukuchukumisa xa kungekho omnye umntu okhoyo?

Limpendulo ezingumzekelo: Kufuneka ndixelele **umntu omdala onokuthenjwa** okhoyo **kwisangqa** sam **esikhuselekileyo** njengotishala wam okanye ndicele kufowunelwe umzali wam okanye umntu okugcinayo ndize ndibaxelele oko kwenzeke esikolweni.

YITHI: Unako ukusoloko uxelela umntu othile okhoyo **kwisangqa** sakho **esikhuselekileyo** ukuba kukho umntu okubambe **kumalungu** akho **afihlakeleyo**. **Abantu abadala abathenjwayo** bafuna ukuqinisekisa ukuba ukhuselekile kwaye bafuna ukukunceda. Makhe sijonge iindlela ezintathu **ONOKWENZA** ngazo ukuba umntu ukwenza uze **ungakhululekanga** okanye uye wakuchukumisa ngendlela **engakhuselekanga**.

- **Suka kuloo mntu.** Zama ukuba ungaze ube wedwa kunye nomntu **okuchukumise ngokungakhuselekanga**. Ukuba awukwazi ukusuka kuloo mntu ngenxa yokuba ekwintsapho okanye engumhlolo wosapho lwakowenu, ngoko yiya kwisenzo sokugqibela uze uxelele **umntu omdala onokuthenjwa**.
- **Cela uncedo.** Yithi “hayi” uze ubaleke uye kufuna uncedo.
- **Xelela umntu omdala onokuthenjwa.** Chaza oko kwenzekileyo uze umxelele ukuba naloo **malungu angasese** aye wawaphatha.

YENZA: Ingaba abantwana baye baphulaphula kuMazwi esampuli YOKWENZA baza bagqiba kwelokuba bacinga ukuba ukuchukumisa okwenziwayo kufanelekile okanye akufanelekanga. Bacele babonise ngeempawu (umz., ikhuselekile=ubhontsi omileyo; ayikhuselekanga=yenza unxi (X) ngeengalo).

BUZA: Funda la mazwi alandelayo okubhengeza ayisampuli kwaye ukuba loo mazwi “alungile” okanye “awalunganga,” cela abantwana baphendule ngokwenza isenzo abakwaziyo ukusenza esivela kuludwe **LOKWENZA** (Suka kuloo mntu; Cela uncedo; Xelela umntu omdala onokuthenjwa).

UMZEKELO WESTEYITHIMENTI SOKWENZA ESIYISAMPULI

Isiteyithimenti soku-1: Xa uwola umntu omthembayo kwaye oko kukwenza uzive ukhululekile.

Uphawu: Kulungile = ubhontsi ophezulu

Isiteyithimenti sesi-2: Xa umntu omdala othenjiweyo okwisangqa sakho esikhuselekileyo ekunceda akuvase ukuze uhlale ucocekile.

Uziva njani: Kulungile = ubhontsi phezulu

Isiteyithimenti sesi- 3: Xa uziva ungakhululekanga xa umntu ekubamba.

Uziva njani: Akulunganga = khrosa iingalo wenze u-x

Umbuzo owongezelelweyo: Umele **UBONISE** ngokwenza ntoni?

Iimpendulo ezingumzekelo: Ndingahambela kude kulomntu. Ndingaxelela **umntu omdala othenjiweyo**.

Isiteyithimenti sesi- 4: Xa umntu othile ebamba amalungu akho **angasese**.

Uziva njani: Akulunganga = khrosa iingalo ukuze wenze u-x

Umbuzo owongezelelweyo: Umele **UBONISE** ngokwenza ntoni?

Iimpendulo ezingumzekelo: Ndingacela uncedo; Ndingaxelela **umntu omdala othenjiweyo**.

Isiteyithimenti sesi- 5: Xa umntu esonzakalisa omnye ngokumbetha okanye amkhabe.

Uziva njani: Akulunganga = khrosa iingalo wenze u-x

Umbuzo owongezelelweyo: Umele **UBONISE** ngokwenza ntoni?

Iimpendulo ezingumzekelo: Ndingacela uncedo; Ndingaxelela **umntu omdala othenjiweyo**.

UKUSEBENZISA LA MACEBISO: Cela abantwana bafake imibala kwiphepha elinenombolo ye-hotline ngasemva kwincwadi yokuhlekisa okanye usebenzise Umsebenzi we-Hotline - Isihlomelo I. Emva kokuba begqibile ukufaka imibala, biza abantwana ukuba bayidlale nenombolo ye-hotline besebenzisa umzimba wabo wonke, izandla zabo, okanye ungade ubenze bakhe iinombolo ngodongwe ukubanceda bazikhumbule iinombolo ze-hotline.

INXALENYE 6 - IMIDA YOMZIMBA EKHUSELEKILEYO

*Qaphela: Kubalulekile ukusebenzisa amagama afanelekileyo kubantwana bakho Ungasebenzisa amagama achanileyo ngokwasendalweni achaza **amalungu omzimba angasese** ukuba leyo yinkqubo yesikolo sakho okanye umbutho.*

YITHI: Namhlanje sizakufunda ngemithetho ebalulekileyo yokhuseleko yokugcina imizimba yethu ikhuselekile. Amalungu omzimba ombathiswe ngempahla zangaphantsi kunye neempahla zokuqubha **angamalungu angasese**, kwaye ukuba mntu uthile ukubamba kuwo okanye akunyanzele ukuba ubambe awakhe, **akukhuselekanga ukuwabamba**. Khumbula ukuba **indawo yakho** ifana nokungena kuhula hoop.

YENZA: Cela abantwana ukuba bolule iingalo zabo benze ingathi baphakathi kuhula hoop ukuze bakhe **indawo yabo**. Bakhumbuze ukuba lo **ngumda wabo womzimba**.

BUZA: Funda le mibuzo ilandelayo uze ucele abantwana baphendule..

IMIBUZO YEMIDA YOMZIMBA WAKHO

Umbuzo 1: Kutheni imithetho yokhuseleko ibalulekile?

Limpendulo ezingumzekelo: Imithetho yokhuseleko ingandinceda ukundigcina ndikhuselekile. Imithetho yokhuseleko inganceda ukundigcina **ndikhuselekile ekubanjweni ngokungakhuselekanga**.

Umbuzo 2: Iphi imida yomzimba wakho?

Impendulo engumzekelo: **Imida yomzimba wam** ingayindawo ijikeleza umzimba wam kunye **namalungu am angasese**.

YITHI: Sizakufunda ngemithetho emithathu **Yemida Yomzimba Wam** Yokhuseleko.

Umthetho #1: Umzimba wam ngowam!

Hayi omnye umntu. Ngamanye amaxesha abantu **abakwisangqa** sakho **sokhuseleko** bayakuncedisa ekunyamekeleni wena kunye nomzimba wakho (umz., ukukuvasa xa kuvaswa, ukukunceda xa usiya ngasese xa kuyimfuneko, okanye ukukunceda xa unxiba)

Abantu abaqhathayo kunye nabangakhuselekanga abamele babe kumda wakho womzimba; oko kukuthi indawo yakho.

Umthetho #2: Ukubanjwa ngokungakhuselekanga akulunganga.

Ukuba umntu ukhe wakutsweba, wakubamba, wakunyumbaza, okanye **wabamba amalungu** akho **angasese** okanye wanyanzela **amalungu** akhe **angasese** kuwe, **kukubanjwa ngokungakhuselekanga** oko. Ngalo lonke ixesha xeleda umntu okwisangqa sakho esikhuselekileyo! Ukuba yenziwa ngumntu **okwisangqa** sakho **sokhuseleko** njengomama wakho, utata, umakazi okanye udabawo, umalume, utamkhulu okanye umakhulu, ngoko kuyakufuneka uxelele utitshala wakho okanye ipolisa. Ukuba kuyenzeka ukuba ibe ngumntu okwisangqa sakho yokhuseleko njengotitshala wakho okanye ipolisa, ngoko xeleda omnye umntu **okwisangqa** sakho **esikhuselekileyo**.

Umthetho #3: Iimfihlo ezingakhuselekanga azilunganga.

Akukho mntu omele athathe imifanekiso okanye iividiyo **zamalungu** akho **angasese**. Ukuba kukho umntu okhe wathatha ifoto okanye wabamba **amalungu** akho **angasese**, waza wacela ukuba uyigcine lonto iyimfihlo, leyo **yimfihlo engakhuselekanga**. Qiniseka ukuba uyixelela umntu **okwisangqa** sakho **esikhuselekileyo** ngoko nangoko.

YENZA: Cela abantwana bacule baze bayidlale ngokuvakalayo Imithetho Yemida Yomzimba Wakho Ekhuselekileyo.

Okwenziwayo kuMthetho #1. Umzimba wam ngowam!

Abantwana bangaphakamisela phezulu umnwe omnye xa becula, “Umthetho woku-1.” Baze babethe umzimba wabo ngesandla sabo baze bathi, “Umzimba wam.” Ekugqibeleni, babonise uphawu oluthi kulungile ngobhontsi babo bobabini baze babuyele ekwalatheni kwimizimba yabo baze bathi “ngowam.”

Okwenziwayo kuMthetho #2. Ukubanjwa okungakhuselekanga akulunganga.

Abantwana bangaphakamisela phezulu iminwe emibini xa becula, “Umthetho wesi-2.” Baze bangangcazelise izandla zabo xa besithi, “**ukubanjwa okungakhuselekanga**.” Ekugqibeleni, baxebele bakhrosise iingalo zabo ukuze benze u-x xa besithi, “akulunganga.”

Okwenziwayo kuMthetho #3 Unsafe secrets are not okay.

Abantwana bangaphakamisela phezulu iminwe emithathu xa becula, “Umthetho wesi-3.” Baze babeke iminwe yabo phezu kwemilomo yabo ukuze benze isandi esingu “sh” xa besithi, “**iimfihlo ezingakhuselekanga**.” Ekugqibeleni, baxebele bakhrosise iingalo zabo ukuze benze u-x xa besithi, “akulunganga.”

Ukuzikhethela: Cela abantwana bafake imibala ‘Kwiphepha Lomsebenzi Obonisa Ukuchukunyiswa Okungafunwayo’ kwethi ‘Incwadi Yamabali Yamanyathelo Okuhlala Ukhuselekile’ okanye usebenzise iPhepha Lokufaka Imibala Lomsebenzi Obonisa Ukuchukunyiswa Okungafunwayo (Isihlomelo J).

BUZA: Funda le mibuzo ilandelayo uze ucele abantwana baphendule.

IMIBUZO YEMITHETHO YOKHUSELEKO YOMDA WOMZIMBA WAKHO
Umbuzo 1: Yeyiphi Imithetho Yokhuseleko emithathu Yemida Yomzimba Wakho? Iimpendulo ezingumzekelo: 1) Umzimba wam ngowam! 2) Ukuchukunyiswa Okungakhuselekanga akufanelekanga. 3) Iimfihlo ezingafanelekanga azikhuselekanga. Umbuzo 2: Kutheni Imithetho Yokhuseleko Yemida Yomzimba Wakho ibalulekile? Iimpendulo ezingumzekelo: Indinceda ndikhusele umzimba wam. Ndifunda ukuthi hayi xa ndiziva ndingakhululekanga emntwini okanye kwindawo ethile. Ndiyazi ukuba kufanelekile ukuya uze uxelele umntu omdala onokuthenjwa okwisangqa sam sokhuseleko ukuba oku kuye kwenzeka. Umbuzo Owongezelelweyo: Ziziphi iimpawu ezinokubonisa ukungakhululeki xa umntu enqumla kwimida yomzimba wakho kunye nakwindawo yakho? Iimpendulo ezingumzekelo: Ukubethelwa luvalo, ukubila kwezandla, okanye ukuba nesisu esenza ufune ukuhlanza okanye esibi zonke ezo ziimpawu zokuba andikhulelekanga.

YITHI: Kubalulekile ukwazi ukuba umzimba ngowakho wedwa. Xa into okanye omnye umntu enqumla **imida yomzimba wakho** kwaye uqalisa ukuziva **ungakhululekanga**, unelungelo lokuxelela umntu **okwisangqa sokhuseleko** sakho.

YENZA: Cela abantwana batsho baze benze eli culo lilapha ngezantsi lithi “Iculo Ngomzimba Wam”, elimela isibhengezo esimalunga **nemida yomzimba wakho**. Bakhumbuze ukuba lungu ngalinye lomzimba lelabo qha.

Iculo Ngomzimba Wam

Ezi zizandla zam
Ezi ziinzwane zam
Esi sisisu sam
Kunye nempumlo yam eshukumayo
Ukusukela entloko phezulu
Ukudlula emadolweni, ukuya ezinyaweni zam
Lo ngumzimba **wam**
Umzimba wama ngowam
(Uhayi uthetha **hayi** kwaye uyeka uthetha **yeka**)

BUZA: Ziziphi iindlela ezahlukeneyo onokucinga ukuthi hayi ngazo xa uziva ukuba ukwimeko yokungakhuseleki?

Imibuzo eyisampuli:

Hayi, enkosi!

Andivumi, tu!

Ha-a!

Hayikhona!

Andiyenzi loo nto!

Susa ezo zondla!

Suka apha!

Ayizi kwenzeka loo nto!

Imbi!

Ndicinga akunjalo!

Nguhayi lowo kum!

Hayi, yimpendulo yam leyo ayikho enye!

Yeka kanye apho!

HA-YI

Hmmm...hayi!

He-e!

Andicingi njalo!

Kunjani xa ndithi soze!

Hayi, bhut!

Asiyonto yam leyo!

Uya kuthetha nesi sandla!

UMSEBENZI WOKWENZA OKU: Khumbuza abantwana ukuba “kulungile” ukuthihayi kubantu abadala okanye nabani obacela benze into ebona bazive **bengakhululekanga**. Cela abantwana bongeze kwethu “Ingoma Ngomzimba Wam” ngokucinga, nokukhomba, amalungu omzimba awongezelelekileyo ngaphandle kwalawo sele esetyenzisiwe (umz., izandla, iinzwane, isisu, impumlo, intloko neenyawo).

IZIHLOMELO:

Icandelo 1: Abantu Abanokuthenjwa Nabanamaqhinga

Inxalenye 1 - Amanyathelo Okuhlala Ukhuselekile

- Iirobhothi Zokhuseleko (*Isihlomelo A*) 35
- Amakhathi Anemibala Okhuseleko (*Isihlomelo B*) 36
- Amanyathelo Okuhlala Ukhuselekile Imifanekiso Yohlobo Lomntu (*Isihlomelo C*) 37

Inxalenye 2 - Isangqa Esikhuselekileyo

- Ithempleyithi Yesandla Yesangqa Esikhuselekileyo (*Isihlomelo D*) 43

Icandelo 2: Ukuthetha Ngozikhuselekileyo Nezingakhuselekanga

Icandelo 3 - Abangaziwayo: Ngubani Okhuselekileyo Nongakhuselekanga?

- Imifanekiso Yohobo Lomntu Ongaziwayo Okhuselekileyo Nokhuselekileyo (*Isihlomelo E*) 44
- Imifaneko Enemibala Yoholobo Lomntu Ongaziwayo Okhuselekileyo Nongakhuselekanga (*Isihlomelo F*) 47

Part 4 - Imfihlelo: Yintoni Ukhuseleko nokungakhuseleki?

- *Akukho zihlomelo zidingekayo*

Icandelo 3: Ukuchukunyiswa Ngendlela Oyifunayo Nongayifuniyo

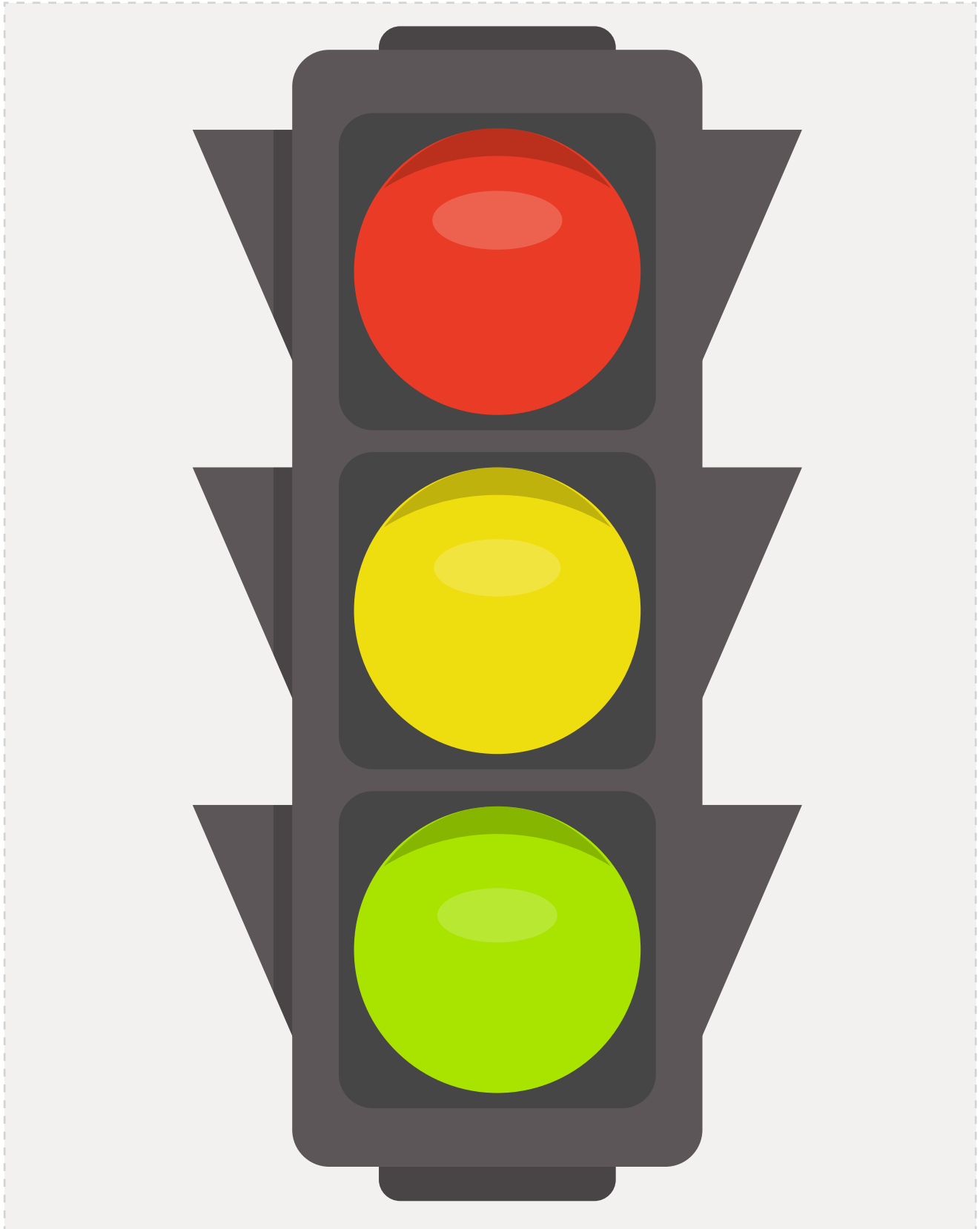
Inxalenye 5 - Ukuchukunyiswa Ngendlela Ekhuselekileyo Nengakhuselekanga

- Amakhadi Emifanekiso Yokuchukumisa Okukhuselekileyo Nokungakhuselekanga (*Isihlomelo G*) 53
- Amagama akhuselekileyo nanga khuselekanga (Appendix H) 58
- Imisebenzi Yokuxela (*Isihlomelo I*) 60

Inxalenye 6 - Imida Ekhuselekileyo Emzimbeni

- Iphepha Lokufaka Imibala Lomsebenzi Obonisa Ukuchukunyiswa Okungafunwayo (*Isihlomelo J*) 61

Isihlomelo A: Irobhothi Yokhuseleko



Isihlomelo B: Amakhadi Okhuseleko Anemibala



Isihlomelo C: Imifanekiso Yamanyathelo Okuhlala Ukhuselekile



Umntu Ongaziwayo Okhuselekileyo/Umama

Isihlomelo C: Imifanekiso Yamanyathelo Okuhlala Ukhuselekile iyaqhubeka



Ipolisa



UnakuboThandi



UAbe, Umntu Onamaqhinga

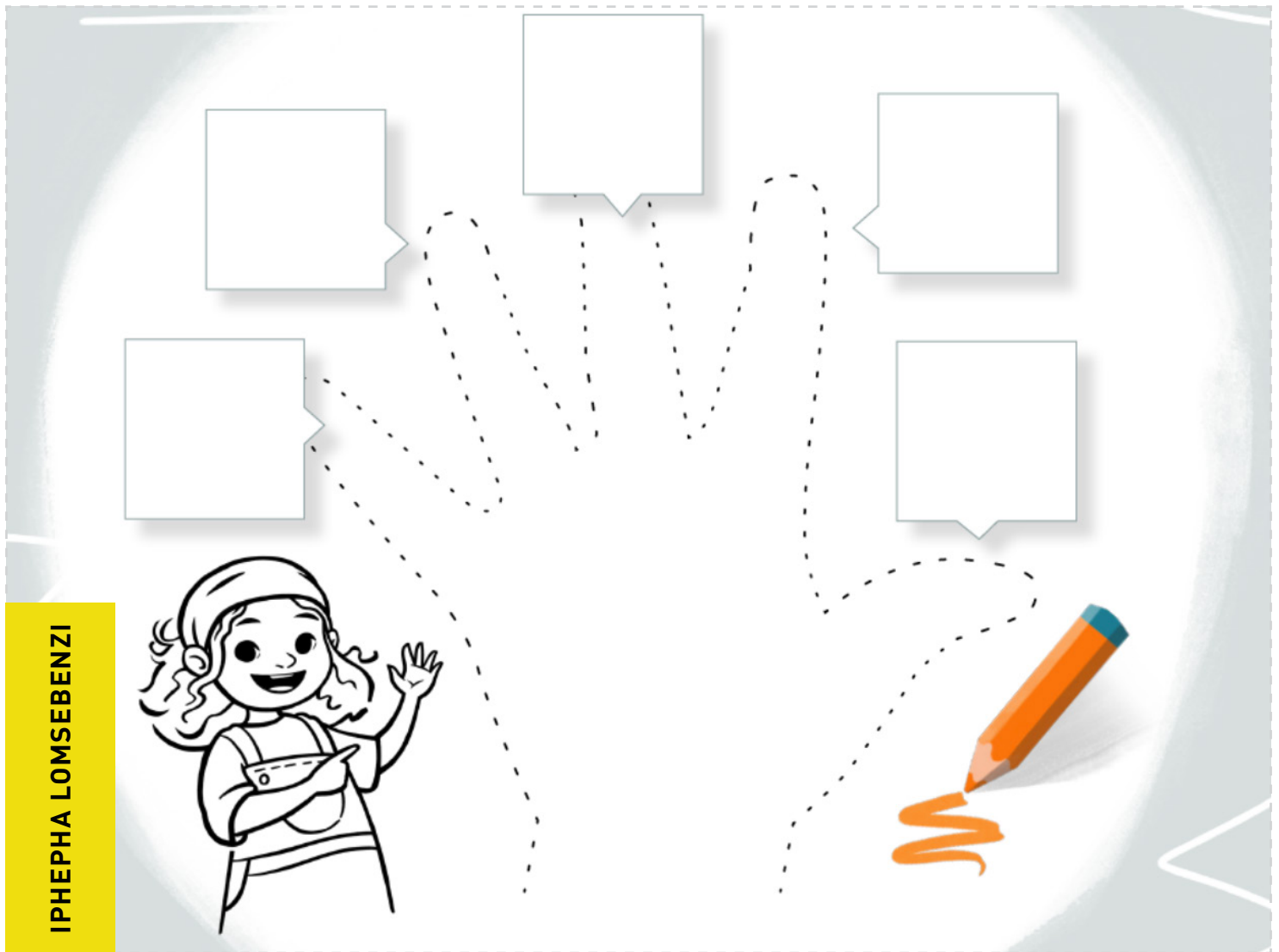


Utatomkhulu KaThandi



UThandi

Isangqa Esikhuselekileyo



Esi Sisangqa Esikhuselekileyo sam. Sisixhobo sokhuseleko esisinceda sikhumbule abantu abadala abahlanu endinokuthetha nabo xa ndingaziva ndikhuselekile.

Isihlomelo E: Imifanekos Yohlobo Lomntu Ongaziwayo Okhuselekileyo
Nongakhuselekanga



UAbe

Isihlomelo E: Imifanekos Yohlobo Lomntu Ongaziwayo Okhuselekileyo
Nongakhuselekanga



Umama

Isihlomelo E: Imifanekiso Yohlobo Lomntu Ongaziwayo Okhuselekileyo
Nongakhuselekanga



Ipolisa

Isihlomelo F: Imifanekiso Yokufaka Umbala Yohlobo Lomntu Okhuselekileyo
Nongakhuselekanga



UThandi

Isihlomelo F: Imifanekiso Yokufaka Umbala Yohlobo Lomntu Okhuselekileyo
Nongakhuselekanga Iyaqhubeka



UAbe

Isihlomelo F: Imifanekiso Yokufaka Umbala Yohlobo Lomntu Okhuselekileyo
Nongakhuselekanga Iyaqhubeka



Umama

Isihlomelo F: Imifanekiso Yokufaka Umbala Yohlobo Lomntu Okhuselekileyo
Nongakhuselekanga Iyaqhubeka



Utatomkhulu

Isihlomelo F: Imifanekiso Yokufaka Umbala Yohlobo Lomntu Okhuselekileyo
Nongakhuselekanga Iyaqhubeka



Ipolisa

Isihlomelo F: Imifanekiso Yokufaka Umbala Yohlobo Lomntu Okhuselekileyo
Nongakhuselekanga Iyaqhubeka



UTim

Isihlomelo G: Imifanekiso Yamakhadi Yokuchukumisa Okukhuselekileyo
Nokungakhuselekanga



Utatomkhulu uwola umntwana

Isihlomelo G: Imifanekiso Yamakhadi Yokuchukumisa Okukhuselekileyo
Nokungakhuselekanga Iyaqhubeka



**Umntu ongaziwayo okhuselekileyo
obambe isandla sikaThandi**

Isihlomelo G: Imifanekiso Yamakhadi Yokuchukumisa Okukhuselekileyo
Nokungakhuselekanga Iyaqhubeka



UThandi, UTim, Notatomkhulu
(izandla entloko nasegxalabeni)

Isihlomelo G: Imifanekiso Yamakhadi Yokuchukumisa Okukhuselekileyo
Nokungakhuselekanga Iyaqhubeka



UAbe uxhakamfula ibhegi

Isihlomelo G: Imifanekiso Yamakhadi Yokuchukumisa Okukhuselekileyo
Nokungakhuselekanga Iyaqhubeka

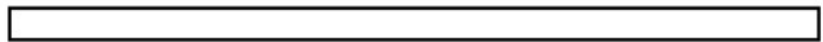
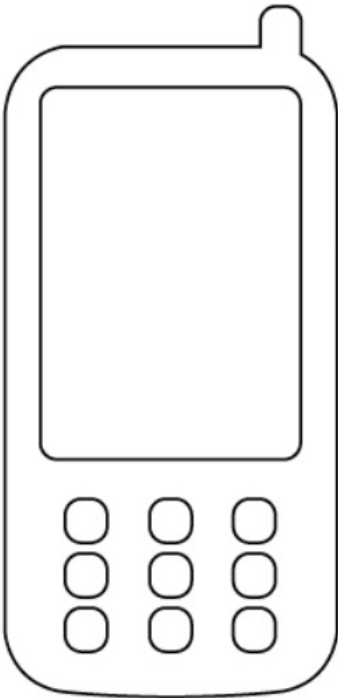


UAbe ubamba ubuso bukaThandi

ANGAKHUSELEKANGA

IKHUSELEKILE

Inombolo Yokuxela



Le yinombolo yokuxela endinga fowunela yona ukuba ndidinga uncedo.
Kwakhona ninga fowunela u **10111** ukuba kukho imeko yongxamiseko.

Ukuchukumisa Okukhuselekileyo Nokungakhuselekanga



Ndiyazi ukuba ukuchukumisa okukhuselekileyo kuyafunwa kwaye ndingatsho ndithi “ewe” kuko. Ukuchukunyiswa okungakhuselekanga akufunwa kwaye kundenza ndizive ndingakhululekanga, ndisoyika, kwaye akumele kugcinwe kuyimfihlo.



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